

MultiMin

Allergy Research Group's classic mixed mineral formulation, emphasizing hypoallergenic sources as developed by Stephen A. Levine, Ph.D. MultiMin provides macrominerals, trace minerals, and ultra-trace minerals. Glutamic acid is included as a mildly acidifying agent.*

Suggested Use

As a dietary supplement, 1 capsule one to three times daily with meals, or as directed by a healthcare practitioner.

DO NOT EXCEED 400 MICROGRAMS OF SELENIUM PER DAY FROM ALL SOURCES.

Contraindicated with use of aluminum containing drugs.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a poison control center immediately.

Appropriate for food-sensitive individuals.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Formulated exclusively for Allergy Research Group®
Allergide: CA 94502 www.allergyresearchgroup.com



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

AllergyResearchGroup

MultiMin

A multiple mineral supplement



dietary supplement

HYPOALLERGENIC

120 vegetarian capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 120

Amount Per Serving	% Daily Value	
Calcium (as Calcium Citrate)	83 mg	8%
Iron (as Ferric Ammonium Citrate)	6 mg	33%
Magnesium (as Magnesium Glycinate)	83 mg	21%
Zinc (as Zinc Citrate)	10 mg	67%
Selenium (as Sodium Selenite)	33 mcg	47%
Copper (as Copper Sulfate)	0.5 mg	25%
Manganese (as Manganese Sulfate)	5 mg	250%
Chromium (as Amino Acid Complex)	133 mcg	110%
Molybdenum (as Sodium Molybdate)	83 mcg	110%
Potassium (as Potassium Chloride)	33 mg	<1%
Boron (as Boric Acid)	333 mcg	*
Vanadium (as Vanadium Pentoxide)	67 mcg	*
Glutamic Acid	67 mg	*

* Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, L-leucine.