

Vidari Kanda powder

Supports proper function of the male and female reproductive systems*

Nourishing tonic that promotes healthy muscle and nerve tissue*

Strengthening and rejuvenating for seniors and those with vata constitutions*

Supports healthy lactation*

Vidari kanda (*Ipomoea digitata*) is a nutritive tonic that is rejuvenating for both body and mind. As is the case with many nourishing herbs, it has a special affinity for supporting the reproductive system. In men, it supports healthy production of semen. In women, it supports healthy menstruation and healthy lactation. In both sexes, it is a strengthening aphrodisiac that supports fertility and vitality. Vidari kanda is also traditionally used to pacify excess vata.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Vidari Kanda POWDER

(*Ipomoea digitata*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement

1 lb • 454g



Supplement Facts

Serv Size: ½ tsp Servings: 162

Amount Per Serving

Finger-leaf Morning Glory root ½ tsp**
(Vidari Kanda), *Ipomoea digitata*†

+Certified Organic

**Daily Value Not Established

Lot No. XXXXX

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Certified Organic by New Mexico
Department of Agriculture



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