

BANYAN
BOTANICALS

Vidanga POWDER

(*Embelia ribes*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement

1lb • 454g



Vidanga powder

Maintains a healthy digestive environment*

Strengthens the digestive fire*

Eliminates excess vata from the large intestine*

Supports natural detoxification*

Vidanga (*Embelia ribes*) is one of the best Ayurvedic herbs for supporting the body's natural defenses in the GI tract. Its hot, pungent, and bitter qualities create an environment conducive to digestive health. Vidanga strengthens the digestive fire and eliminates natural toxins from the GI tract, blood, and lymph. Vidanga helps reduce excess vata in the colon promoting intestinal comfort. It also regulates the appetite and helps support proper weight management.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ½ tsp	Servings: 176
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Amount Per Serving

Vidanga fruit <i>Embelia ribes</i> +	½ tsp**
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**Certified Organic

**Daily Value Not Established

Lot No. XXXXX

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Certified Organic by New Mexico
Department of Agriculture



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