

BANYAN[®]
BOTANICALS

Sitopaladi POWDER

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement

1 lb • 454g



Sitopaladi powder

Removes excess vata, pitta, and kapha from the head and chest*

Promotes healthy, clear respiration*

Promotes natural expectoration and healthy lungs*

Bolsters the immune system*

Sitopaladi is a traditional Ayurvedic formula for bolstering the immune system and promoting health and well-being. It promotes healthy expectoration and supports proper function of the lungs and sinuses. Sitopaladi removes excess vata, pitta, and kapha from the head and chest helping to promote clear, healthy respiration. "Sitopala" literally means "rock candy" an ingredient that soothes pitta and calms vata. "Adi" means "etcetera" and refers to the heating herbs and spices that help to enkindle the digestive fire and burn kapha.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

Not to be used during pregnancy. If you are nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ½ tsp Servings: 160

Amount Per Serving	
Proprietary Blend	½ tsp**
Cane sugar⁺, Bamboo stem <i>Bambusa arundinacea</i>⁺, Long Pepper fruit (<i>Pippali</i>) <i>Piper longum</i>⁺, Cardamom seed <i>Elettaria cardamomum</i>⁺, Cinnamon bark <i>Cinnamomum cassia</i>⁺, Tapioca starch⁺	

⁺Certified Organic

^{**}Daily Value Not Established

Lot No. XXXXXX

Banyan Botanicals
Albuquerque, NM 87113 USA
banyanbotanicals.com | 1-800-953-6424
Certified Organic by New Mexico
Department of Agriculture



Rev. 01