



Manjistha powder

Removes natural toxins and excess heat from the blood*

Supports healthy skin and a clear complexion*

Supports proper function of the liver and kidneys*

Excellent for reducing pitta and kapha*

Manjistha (*Rubia cordifolia*) is the quintessential blood purifier in the Ayurvedic pharmacopoeia. It removes excess heat and natural toxins from the blood helping to support healthy skin and a clear complexion. It is one of the best pitta-pacifying herbs and is used to support the proper function of the liver and kidneys. Manjistha is also excellent for reducing excess kapha. It helps to maintain clear channels in the body supporting the healthy flow of blood and urine.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ½ tsp Servings: 230

Amount Per Serving

Indian Madder root (Manjistha), <i>Rubia cordifolia</i> *	1/2 tsp**
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*Certified Organic

**Daily Value Not Established

Lot No. XXXXX

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Department of Agriculture



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