



WHEY PROTEIN



CREAMY VANILLA

PROTEIN POWDER



SUGGESTED USAGE: Add 1/3 cup daily to 8 oz. of cold water, milk, or your favorite juice. Stir or blend.

NOW® Whey Protein is a delicious blend of three high quality whey protein concentrates and isolates: ultrafiltered, microfiltered and enzymatically hydrolyzed (partially predigested). This blend of specially processed whey proteins is designed to maximize amino acid absorption and biological value (BV). Each serving typically has over 5,900 mg of branched-chain amino acids (BCAAs). In addition, extra glutamine has been added (460 mg per serving) to this blend.

Whey protein is considered to have the highest biological value (BV) of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Natural color variation may occur in this product.

Contains Xylitol, which is harmful to pets.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.

EUA # 3007664609

Code 2195FN v4



Nutrition Facts

About 106 servings per container
Serving size 1/3 cup (43g)

Amount per serving
Calories 170

% Daily Value*

Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 135mg	6%
Total Carbohydrate 7g	3%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Xylitol 2g	
Protein 26g	52%
Vit. D 0mcg 0%	Calcium 123mg 10%
Iron 0.4mg 2%	Potas. 186mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHEY PROTEIN CONCENTRATE, NATURAL VANILLA FLAVOR, XYLITOL, WHEY PROTEIN ISOLATE, WHEY PROTEIN HYDROLYSATE, XANTHAN GUM, L-GLUTAMINE, ORGANIC STEVIA LEAF EXTRACT.

CONTAINS MILK AND SOY.

DISTRIBUTED & QUALITY TESTED BY:
NOW FOODS

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Typical Amino Acid Profile (example) (per serving)**	
Essential Amino Acids	mg Per Serving
L-Histidine	467
L-Isoleucine***	1668
L-Leucine***	2730
L-Lysine	2364
L-Methionine	555
L-Phenylalanine	831
L-Threonine	2042
L-Tryptophan	471
L-Valine***	1533
Non-Essential Amino Acids	
L-Alanine	1370
L-Arginine	677
L-Aspartic Acid	3171
L-Cysteine	504
L-Glutamic Acid	4884
L-Glutamine	460
Glycine	513
L-Proline	1671
L-Serine	1449
L-Tyrosine	563

**subject to natural variability

***Branched-Chain Amino Acids

NET WT. 10 LBS. [4.54 KG]



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