

BANYAN[®]
BOTANICALS

Haritaki POWDER

(*Terminalia chebula*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
1 lb • 454g



Haritaki powder

Removes excess vata and accumulated natural toxins from the system*

Assists natural internal cleansing*

Supports healthy elimination and maintains regularity*

Nourishes and rejuvenates the tissues*

As one of the three ingredients in the Ayurvedic super formula triphala, haritaki (*Terminalia chebula*) is considered to be one of the best herbs for balancing vata dosha. Supporting the body's innate cleansing process, it gently removes accumulated natural toxins in the gastrointestinal tract. As a rejuvenative, it strengthens and nourishes the tissues and supports the proper function of the colon, lungs, liver, and spleen. Haritaki is traditionally used as a remedy for all vata-related imbalances and maintains regular elimination.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ½ tsp

Servings: 148

Amount Per Serving

Chebolic Myrobalan fruit ½ tsp**
(Haritaki), *Terminalia chebula*⁺

+Certified Organic

**Daily Value Not Established

Lot No. XXXXXX

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Certified Organic by New Mexico
Department of Agriculture



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