

BANYAN[®]
BOTANICALS

Ginger POWDER

(*Zingiber officinale*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
1lb • 454g



Ginger powder

Promotes digestion and the elimination of natural toxins*

Supports proper function of the lungs and healthy, comfortable breathing*

Supports a comfortable post-meal experience*

Promotes comfortable menstruation*

Ginger (*Zingiber officinale*) is known as “the universal medicine” for its broad range of health-promoting benefits. One of the three pungent herbs in the traditional formula trikatu (Kapha Digest), ginger warms the body. It supports healthy circulation, vasodilation, and promotes sweating. A heating spice, ginger enkindles the digestive fire, burns ama (natural toxins), and supports post-meal abdominal comfort. Ginger promotes healthy expectoration and removes excess kapha from the lungs.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ½ tsp Servings: 222

Amount Per Serving

Ginger root	½ tsp**
<i>Zingiber officinale</i> +	

+Certified Organic

**Daily Value Not Established

Lot No. XXXXXX

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Certified Organic by New Mexico
Department of Agriculture



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