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**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF INNER SEAL IS MISSING
OR BROKEN. STORE IN COOL, DRY PLACE.**
www.basicvitamins.com Product # 87
Carefully manufactured in the USA for Basic Drugs, Inc.
Vandalia, Ohio 45377 Questions? 937-898-4010

VITAMINS FOR HAIR



DIETARY SUPPLEMENT
50 TABLETS

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Directions: Adults, take one (1) tablet daily, preferably with a meal.
Contains: Wheat.
Contains No:, Milk, Fish, Nuts, Soy.

SUPPLEMENT FACTS

Serving Size: 1 Tablet

Servings Per Container: 50

Amount Per Serving		% of DV
Vitamin A	5000 IU	100%
Vitamin E	30 IU	100%
Thiamin (vit B1)	2 mg	133%
Riboflavin (vit B2)	4 mg	235%
Niacinamide	35 mg	175%
Vitamin B6	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid	50 mg	500%

Calcium	80 mg	8%
Iron	4.5 mg	25%
Phosphorus	60 mg	6%
Iodine	150 mcg	100%
Zinc	15 mg	100%
Manganese	2 mg	100%
Choline Bitartrate	200 mg	*
Inositol	125 mg	*
PABA	35 mg	*
Glycine	12 mg	*
Silicon	10.5 mg	*
Gelatin	13 mg	*

*Daily Value not established

Ingredients: Retinyl Acetate, dl-Alpha Tocopheryl Acetate, Mixed Tocopherols, Thiamin Mononitrate, Riboflavin, Niacinamide, Pyridoxine Hydrochloride, Folic Acid, Cyanocobalamin, Biotin, Calcium Pantothenate, Dicalcium Phosphate, Ferrous Sulfate, Potassium Iodide, Zinc Sulfate, Manganese Gluconate, Choline Bitartrate, Inositol, Para-Aminobenzoic Acid, Glycine, Silicon Dioxide, Gelatin, Cellulose, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Magnesium Trisilicate, Magnesium Stearate, Triacetin, Titanium Dioxide, Hydrogenated Vegetable Oil, Brewer's Yeast, Mannitol, Maltodextrin.