



WHEY PROTEIN ISOLATE

PROTEIN POWDER



SUGGESTED USAGE: Add 1/3 cup daily to 8 oz. of cold water, milk, or your favorite juice. Stir or blend.

NOW® Whey Protein Isolate is a high quality protein that is both bioavailable and easily digested. Whey protein has naturally occurring branched-chain amino acids (BCAAs). NOW® Whey Protein Isolate is ideal for active individuals.

Whey protein is considered to have the highest biological value (BV) of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

Not manufactured with yeast, wheat, gluten, soy, corn, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Natural color variation may occur in this product.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.

Nutrition Facts

About 162 servings per container
Serving size 1/3 cup (28g)

Amount per serving
Calories 110

% Daily Value*

Total Fat 0.5g	<1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 45mg	2%
Total Carbohydrate <1g	<1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 25g	50%

Vit. D 0mcg 0% • Calcium 121mg 10%
Iron 0mg 0% • Potas. 155mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHEY PROTEIN ISOLATE, SUNFLOWER LECITHIN (< 1%).

CONTAINS MILK.

QUALITY TESTED BY & PACKAGED FOR:
NOW FOODS
395 S. GLEN ELLYN RD.
BLOOMINGDALE, IL 60108, USA
nowsportsproducts.com

Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per Serving
L-Histidine	420
L-Isoleucine***	1568
L-Leucine***	2716
L-Lysine	2716
L-Methionine	560
L-Phenylalanine	812
L-Threonine	1708
L-Tryptophan	448
L-Valine***	1288
Non-Essential Amino Acids	
L-Alanine	1288
L-Arginine	588
L-Aspartic Acid	2716
L-Cysteine	728
L-Glutamic Acid	4788
Glycine	448
L-Proline	1540
L-Serine	1036
L-Tyrosine	756

**subject to natural variability

***Branched-Chain Amino Acids

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NET WT. 10 LBS. (4.54 KG)