

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

Amount Per Serving	% Daily Value
5-Hydroxytryptophan (<i>Gryffonia simplicifolia</i>) (seed)	100 mg †

† Daily Value not established

Other Ingredients: rice flour, vegetable cellulose (capsule), stearic acid, l-leucine, silica

FREE OF: milk, egg, fish, peanuts, crustacean shellfish (lobster, crab or shrimp), soybeans, tree nuts, wheat, yeast, gluten, corn, sugar, and artificial sweeteners, flavors, colors and preservatives. Free of ingredients derived from GMOs.

SUGGESTED USE: Take 1 capsule up to 3 times daily in divided doses with or between meals, as a dietary supplement or as directed by a health care professional. To derive optimal benefits of 5-HTP, ensure adequate intake of Vitamin B6.

Patient One
MediNutritionals

5-HTP 100mg

Sleep, Stress
and Mood Support*

DIETARY SUPPLEMENT

60 Vegetarian Capsules

GLUTEN FREE / VEGETARIAN



CAUTION: 5-HTP may intensify the effects of various antidepressant drugs. Do not use concurrently with SSRI medications, MAO inhibitors or other antidepressant medication unless under careful medical supervision. Not recommended for pregnant or nursing women. If you are taking any medications, consult doctor before use. Discontinue use and consult doctor if any adverse reactions occur.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

PROD. NO. P1084-60

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