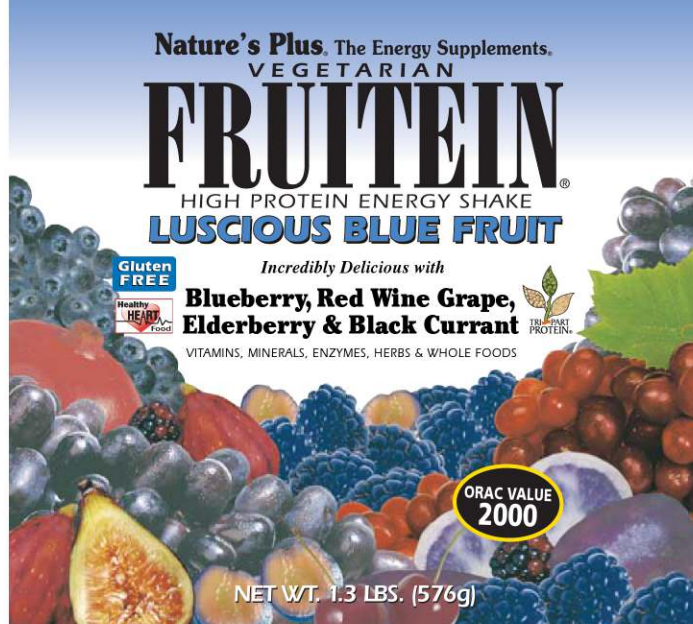




Nutrition Facts

Serving Size 1 Scoop (36g)
Servings Per Container 16

Amount Per Serving

Calories 110 Calories from Fat 0

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 200mg	6%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	8%
Sugar 9g	
Other Carbohydrate 3g	
Protein 13g	26%

Vitamin A	5000IU	100%	Vitamin C	60mg	100%
Calcium	600mg	60%	Iron	9mg	50%
Vitamin D	400IU	100%	Vitamin E	30IU	100%
Thiamin	1.5mg	100%	Riboflavin	1.7mg	100%
Niacin	20mg	100%	Vitamin B6	2mg	100%
Folic Acid	440mcg	110%	Vitamin B12	6mcg	100%
Biotin	300mcg	100%	Pantothenic Acid	10mg	100%
Phosphorus	600mg	60%	Iodine	225mcg	150%
Magnesium	200mg	50%	Zinc	23mg	150%
Selenium	35mcg	50%	Manganese	7.4mg	370%
Chromium	72mcg	60%	Molybdenum	30mcg	40%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total fat	Less than	65g	80g
Saturated fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total carbohydrate		300g	375g
Fiber		25g	30g
Protein		50g	65g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

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Each serving of FRUITEIN also contains the following:

NUTRIENTS:	
Inositol	50 mg
Citrus Bioflavonoid Complex	25 mg
Choline (bitartrate)	21 mg

ENZYMES:	
Bromelain (pineapple) (18 GDU)	30 mg
Papain (papaya) (60,000 units)	30 mg
Amylase (600 units) (brown rice fermentation)	20 mg
Lipase (50 units) (brown rice fermentation)	10 mg
Cellulase (50 units) (brown rice fermentation)	10 mg

LUSCIOUS BLUE FRUIT & WHOLE FOOD BLEND 3000 mg
 Blueberry (*Vaccinium angustifolium* Fruit), Blackberry (*Rubus fruticosus* Fruit), Red Wine Grape (*Vitis vinifera*), Elderberry (*Sambucus nigra*), Lingonberry Extract, Plum, Black Cherry Extract, Purple Fig, Belgian Endive (*Cichorium endivia*), Passion Fruit (*Passiflora edulis*), Purple Kale (*Brassica oleracea*), Rhubarb, Concord Grape (*V. labrusca*), Beet, Radicchio (*C. intybus*), Eggplant, Pomegranate Extract, Purple Onion, Wolfberry (*Lycium barbarum* L.), Black Currant (*Ribes nigrum* L.) Extract, FOS (fructooligosaccharides), **Activessence**® (a patented enzyme activation system – Cellulase, Pectinase, Hemicellulase and Xylanase)

INGREDIENTS: Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), fructose, **Luscious Blue Fruit & Whole Food Blend**, stearic acid, di-calcium phosphate, natural flavors, xanthan gum, citric acid, raspberry, magnesium oxide, potassium citrate, choline bitartrate, natural color, inositol, ascorbic acid, vitamin E acetate, papain, GTF chromium, citrus bioflavonoid complex, biotin, amylase, zinc oxide, manganese sulfate, bromelain, niacinamide, ferrous fumarate, vitamin A palmitate, lipase, calcium pantothenate, lecithin, carrot, schisandra, ligustrum, astragalus root, kelp, spirulina, rice bran, oat bran, young barley leaf, acerola cherry, Korean ginseng, apple pectin, papaya, Spanish bee pollen, pyridoxine hydrochloride, riboflavin, thiamine hydrochloride, ergocalciferol, vitamin B12, folic acid, potassium iodide, sodium molybdate, sodium selenite... **and LOVE**♥



FRUITEIN is scientifically formulated with isolated soy protein from only non-genetically modified (non-GMO) soybeans – As Nature Intended.

25 grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of FRUITEIN supplies 6.25 grams of soy protein.



FRUITEIN Luscious Blue Fruit is an incredibly delicious, all-natural vegetarian blend of complete protein and complex carbohydrate – supercharged with the amazing antioxidant power of nature's greatest blue foods! Thick and creamy **FRUITEIN Luscious Blue Fruit** delivers all the essential vitamins, minerals, and enzymes, and features the unique benefits of luscious blue super-fruits like blueberry, red wine grape, elderberry and black currant. Our powerful **FRUITEIN Luscious Blue Fruit** formula is fortified with a highly nutritious whole food and herbal base, including spirulina, Spanish bee pollen, fresh fruits and vegetables, young barley leaf, Korean ginseng and lecithin to form an amazingly energizing shake. Each serving of **FRUITEIN Luscious Blue Fruit** is enhanced with **Activessence**®, a patented enzyme activation system that liberates energizing nutrition from foods.

DIRECTIONS: Add one scoop (scoop included in can) of **FRUITEIN** to 6 fl. oz. of water and mix in blender or shake until smooth. For those who prefer a thicker, richer shake, **FRUITEIN** may also be mixed with 8 fl. oz. of milk. For best results, water or milk should be very cold.

SUPERIOR TRI-PART PROTEIN BLEND: Rice, Pea, Soy**
VEGETARIAN, YEAST-FREE PRODUCT.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

NOTICE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME, THEREFORE SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING AND HANDLING.

**** Patents Pending**

Activessence® is a registered trademark of InterActive Enzymes, a division of Triarco Industries, Inc. U.S. Patent Nos. 6,099,844 and 6,132,727.

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 makers of **Nature's Plus**
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