

BANYAN[®]
BOTANICALS

Coriander POWDER

(*Coriandrum sativum*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
1lb • 454g



Coriander powder

Strengthens the digestive fire without aggravating pitta*

Supports proper function of the kidneys and urinary tract*

Cools and soothes the GI tract*

Eliminates excess heat promoting menopausal comfort*

Coriander (*Coriandrum sativum*) is one of the best herbs for supporting digestion without aggravating pitta. It enkindles the digestive fire while simultaneously cooling and soothing the GI tract. It removes excess heat in the body making it useful in cooling pitta-related imbalances associated with menopause. It also supports proper function of the kidneys and healthy urination. The seeds combine well with cumin and fennel to make an excellent digestive tea.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ½ tsp Servings: 176

Amount Per Serving

Coriander seed powder	½ tsp**
<i>Coriandrum sativum</i> *	

*Certified Organic

**Daily Value Not Established

Lot No. XXXXXX

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Certified Organic by New Mexico
Department of Agriculture



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