

BANYAN
BOTANICALS

Cinnamon POWDER

(*Cinnamomum cassia*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement

1lb • 454g



Cinnamon powder

Enkindles the digestive fire and eliminates natural toxins in the GI tract*

Promotes well-being by reducing excess kapha from the head and chest*

Supports healthy circulation in the joints and extremities*

Promotes warmth in the extremities, joints, kidneys, and lungs*

Cinnamon (*Cinnamomum cassia*) is a wonderfully aromatic kitchen spice that offers a multitude of health benefits. It enkindles the digestive fire, eliminates natural toxins from the GI tract, and promotes healthy absorption. It supports circulation throughout the body and promotes warmth in the extremities, joints, kidneys, and lungs. Cinnamon supports healthy expectoration and removes excess kapha from the head and chest.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

Not to be used during pregnancy. If you are nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ½ tsp

Servings: 219

	Amount Per Serving
Cinnamon bark	½ tsp**
Cinnamomum cassia*	

*Certified Organic

**Daily Value Not Established

Lot No. XXXXXX

Banyan Botanicals
Albuquerque, NM 87113 USA

banyanbotanicals.com | 1-800-953-6424

Certified Organic by New Mexico
Department of Agriculture



6 48192 07462 6

Rev 01