

BANYAN[®]
BOTANICALS

Chitrak POWDER

(*Plumbago zeylanica*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement

1 lb • 454g



Chitrak powder

Supports optimal weight management*

Supports proper function of the liver and the healthy digestion of fat and sugars*

Strengthens the digestive fire*

Heating herb that supports healthy metabolism and removes natural toxins from the intestines*

Chitrak (*Plumbago zeylanica*) is a powerful heating herb that is traditionally used to enkindle the digestive fire, support healthy metabolism, and remove natural toxins from the intestines. It is also commonly used as a primary ingredient in weight management formulas. Chitrak supports the proper function of the liver and the healthy digestion of fat and sugars. It helps energize the body naturally by promoting healthy digestion and the proper absorption and assimilation of nutrients.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ½ tsp

Servings: 168

Amount Per Serving

Ceylon Leadwort root (Chitrak), *Plumbago zeylanica*⁺ ½ tsp**

⁺Certified Organic

^{**}Daily Value Not Established

Lot No. 762026-52

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Certified Organic by New Mexico
Department of Agriculture



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