SUGGESTED USAGE: As a dietary supplement, take one capsule per day with a meal, or as directed by your health care practitioner.

NOTICE: Color, size or shape may appear different between lots

Does not contain gluten.

STORE AT ROOM TEMPERATURE.
KEEP OUT OF REACH OF CHILDREN.

Item# BSP120-PL-4









## B-Renew

120 VEGETARIAN CAPSULES DIETARY SUPPLEMENT



## Supplement Facts Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Thiamin (Vitamin B-1)(as Thiamin HCI)	100 mg	66679
Riboflavin (Vitamin B-2)	50 mg	29419
(as Riboflavin and Riboflavin-5-Phosphate)		
Nacin (Vitamin B-3)(as Niacinamide)	50 mg	2509
Vitamin B-6	50 mg	25009
(as Pyridoxine HCl and Pyridoxal-5-Phosphal	te)	
Folate (NatureFolate™ blend)	200 mcg	50%
Vitamin B-12 (as Methylcobalamin)	250 mcg	41679
Biotin (as d-Biotin)	2 mg	6679
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	10009
Trimethylglycine (TMG)	200 ma	
Choline Dihydrogen Citrate	100 mg	

\*Daily Value not established.

Other Ingredients: Cellulose (capsule), silicon dioxide, vegetable stearate.

Manufactured for: PureFormulas

11800 NW 102nd Road, Suite 2 Miami, FL 33178

www.pureformulas.com