

BANYAN
BOTANICALS

Bibhitaki POWDER

(*Terminalia belerica*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Net Weight
1/2 lb • 227g



Bibhitaki powder

Supports proper function of the lungs and clear, comfortable breathing*

Promotes healthy elimination*

Promotes healthy vision, voice, and hair*

Maintains proper function of the heart, liver, and kidneys*

One of the three ingredients in the most widely used Ayurvedic formula Triphala, bibhitaki (*Terminalia belerica*) is one of the best herbs for detoxifying and rejuvenating kapha. As such, it is used in all types of kapha imbalances and is especially helpful in supporting the organs and tissues where kapha tends to accumulate. These include the lungs, liver, and urinary tract as well as the sinuses, ears, eyes, and throat. Bibhitaki also helps maintain balanced body fluid levels while toning and cleansing the colon.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ½ tsp Servings: 165

Amount Per Serving

**Belleric Myrobalan fruit
(Bibhitaki), *Terminalia belerica**** ½ tsp**

+Certified Organic

**Daily Value Not Established

Lot No. XXXXXX

Banyan Botanicals
Albuquerque, NM 87113 USA
banyanbotanicals.com | 1-800-953-6424
Certified Organic by New Mexico
Department of Agriculture

