



Nature's Lab™

ONE DAILY MULTIVITAMIN

NEXT GENERATION MULTIVITAMIN



60 EASY-TO-SWALLOW VEGETARIAN CAPSULES

D I E T A R Y S U P P L E M E N T

Other Ingredients: Hydroxymethylcellulose (capsule), magnesium stearate (vegetable source), silicon dioxide and cellulose.
Free of: Sugar, Salt, Dairy, Eggs, Shellfish, Fish, Wheat, Preservatives, Titanium Dioxide, Artificial Colors and Flavors.
Do not use if seal is broken. Keep out of reach of children. Store in a cool, dry place.

Warnings: Pregnant or lactating women and people with known medical conditions and/or taking drugs should consult with a qualified healthcare practitioner prior to taking dietary supplements.

Suggested Use: As a dietary supplement, take 1 capsule with meal or as directed by a qualified healthcare practitioner.

Manufactured for Nature's Lab
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Las Vegas, NV 89113
1-888-793-0351
www.natureslab.com

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

Amount Per Serving			%DV	Amount Per Serving			%DV	Amount Per Serving %DV	
Vitamin A (as beta-carotene and palmitate)	5,000 IU	100%		Selenium (as L-Selenomethionine)	200 mcg	286%		Lutein (from marigold extract standardized to 25% lutein) (<i>Tagetes erecta</i>) (flower)	6 mg *
Vitamin C (as ascorbic acid)	100 mg	167%		Selenium SeLECT®				Zeaxanthin (from marigold extract standardized to 5% zeaxanthin) (<i>Tagetes erecta</i>) (flower)	1,200 mcg *
Vitamin D (as cholecalciferol)	4,000 IU	1000%		Manganese (as manganese amino acid chelate)	2 mg	100%		Black Pepper Extract (<i>Piper nigrum</i>) (standardized to 95% piperine) (fruit)	5 mg *
Vitamin E (as d-alpha tocopheryl succinate)	30 IU	100%		Chromium (as chromium polynicotinate) ChromeMate®	200 mcg	167%		preB® Fermented Superfood Powder (Orange, pineapple, banana, apple, papaya, guava, melon, brown rice, oat, corn, barley, pea, jalo bean, roxinho bean, black sesame seed, millet, plum, adzuki bean, soy bean, carrot, rye grain, black bean, lentil bean, avocado, acerola, lemon, pear, tomato, red grape, mango, watermelon, pumpkin, sweet potato, chick pea, carambola, cashew nut, brazil nut, kiwi, cassava root, green bell pepper, sugar beet, collard couve-mantega, cabbage, passion fruit, chicory, lemon grass, lotus root, turnip, seaweed, mate, cinnamon, anise, cloves, ginger, zedoary root)	25 mg *
Vitamin K (as phytonadione 300 mcg and menaquinone-7 10 mcg)	310 mcg	388%		Molybdenum (as molybdenum amino acid chelate)	75 mcg	100%		*Daily Value (DV) not established	
Thiamin (as thiamin HCl)	10 mg	667%		Alpha Lipoic Acid	50 mg	*		Rev. 005 Item # 13714	
Riboflavin (as riboflavin and riboflavin 5' phosphate)	10 mg	588%		Coenzyme Q10 (Ubiquinone)	100 mg	*			
Niacin (as niacinamide)	20 mg	100%		Green Tea Leaf Extract (<i>Camellia sinensis</i>) (standardized to 98% polyphenols, 80% catechins, 50% EGCG) (leaves)	50 mg	*		8 18014 01371 4	
Vitamin B6 (as pyridoxine HCl)	10 mg	500%		Quercetin (bioflavonoid)	50 mg	*			
Folate (as folic acid)	800 mcg	200%		Turmeric Extract (<i>Curcuma longa</i>) (standardized to 95% curcuminoids) (rhizome) Curcumin C3 Complex®	25 mg	*			
Vitamin B12 (as methylcobalamin)	500 mcg	8333%		Grape Seed Extract (<i>Vitis vinifera</i>) (standardized to 95% proanthocyanidins) (seed)	25 mg	*			
Biotin	500 mcg	167%		Red Wine Extract (<i>Vitis vinifera</i>) (standardized to 50% polyphenols) (fruit)	25 mg	*			
Pantothenic Acid (as d-calcium pantothenate and pantethine)	10 mg	100%		<i>trans</i> -Resveratrol (from Japanese knotweed) (<i>Polygonum cuspidatum</i>) (root)	3.2 mg	*			
Iodine (as potassium iodide)	300 mcg	200%							
Zinc (as zinc oxide, zinc L-methionine from L-OptiZinc® and zinc carnosine)	15 mg	100%							