

Super Trio®

Vitamins and Minerals • Essential Fatty Acids • Antioxidants

RECOMMENDATION: Each day take the contents of two packets: take one packet in the morning with breakfast, and one packet in the evening with a meal.

Supplement Facts

Serving Size 1 Packet (1 tablet, 1 capsule, 1 softgel capsule)

Servings Per Container 60

	Amount per 1 Packet	% Daily Value		Amount per 1 Packet	% Daily Value
Vitamin A (71% as beta-carotene, palmitate)	850 mcg	94%	Super Supplemental Herbal and Protector Shield® Proprietary Blend	72 mg	†
Vitamin C (ascorbic acid)	125 mg	139%	Inositol, p-aminobenzoic acid (PABA), fruit blend (white grape, apple, pear, orange, pineapple, cherry, strawberry, blueberry), dandelion root, alfalfa aerial parts, asparagus stem, broccoli flowers, cabbage leaf, hesperidin bioflavonoid extract, lemon bioflavonoid extract, rutin, rose hips, sodium copper chlorophyllin, kelp leaf and stem, lutein, cranberry fruit, mangosteen fruit, carrot root, spinach leaf and stem, tomato fruit, lycopene, acai berry, pomegranate fruit extract, L-leucine, L-lysine, L-valine, L-isoleucine, L-phenylalanine, L-threonine, L-arginine, L-methionine, L-tyrosine, L-cysteine.		
Vitamin D ₃ (cholecalciferol)	3.75 mcg	19%	Super Omega 3 EPA Fish Oil (anchovy, sardine, mackerel)	1000 mg	†
Vitamin E (d-alpha tocopheryl acetate)	18 mg	120%	Elcosapentaenoic Acid (EPA)	380 mg	†
Thiamin (B ₁ , thiamine mononitrate)	6.25 mg	521%	Docosahexaenoic Acid (DHA)	190 mg	†
Riboflavin (B ₂)	5 mg	385%	Super ORAC Polyphenols	75 mg	†
Niacin (niacinamide)	15 mg	94%	Super ORAC Proprietary Blend	267 mg	†
Vitamin B ₆ (pyridoxine hydrochloride)	7.5 mg	441%	Green Tea Leaves Extract (<i>Camellia sinensis</i>), Mangosteen Pericarp Extract (<i>Garcinia mangostana</i>), Turmeric Root Extract (<i>Curcuma longa</i>), Quercetin (from Japanese Pagoda Tree Fruit Extract - <i>Sophora japonica</i>), Japanese Knotweed Root Extract (<i>Polygonum cuspidatum</i>) (standardized to resveratrol), Apple Fruit Extract (<i>Malus pumila</i>), Açai Berry Concentrate (<i>Euterpe oleracea</i>)		
Folate	83 mcg DFE (50 mcg folic acid)	21%			
Vitamin B ₁₂ (cyanocobalamin)	25 mcg	1042%			
Biotin	75 mcg	250%			
Pantothenic Acid (d-calcium pantothenate)	37.5 mg	750%			
Choline (bitartrate)	4 mg	1%			
Calcium (dicalcium phosphate, citrate, amino acid chelate)	100 mg	8%			
Phosphorus (dicalcium phosphate)	55 mg	4%			
Iodine (potassium iodide)	50 mcg	33%			
Magnesium (oxide, amino acid chelate)	100 mg	24%			
Zinc (gluconate)	7.5 mg	68%			
Selenium (amino acid chelate, l-selenomethionine)	31 mcg	56%			
Copper (gluconate)	0.5 mg	56%			
Manganese (amino acid chelate)	0.75 mg	33%			
Chromium (amino acid chelate)	25 mcg	71%			
Potassium (citrate)	25 mg	1%			

Other Ingredients: Cellulose (plant), capsule (gelatin, glycerin, water), capsule (gelatin, water), stearic acid, lemon oil, magnesium stearate (vegetable), silicon dioxide, sodium copper chlorophyllin tablet coating.

NATURE'S SUNSHINE PRODUCTS, INC.

Spanish Fork, Utah 84660

1-800-223-8225 www.naturessunshine.com

Product of U.S.A.

Stock No. 222

Each packet of **Super Trio** offers powerful, effective servings of three potent Nature's Sunshine formulas. Taken together, these proprietary blends offer a nutritious combination of essential fatty acids, vitamins, minerals and antioxidants—each an important component of daily nutrition, vitality, and longevity.*

Super Supplemental (without iron): Eating enough good food to get proper amounts of vitamins and minerals can be difficult, especially for younger people who are on-the-go or for older people who simply find it difficult to eat proper quantities of good food. Super Supplemental (without iron) is a unique combination of vitamins, minerals, phytonutrients, herbs, antioxidants and amino acids. This product provides substantial levels of 11 essential vitamins and 7 minerals, plus two carotenoid antioxidants: lutein and lycopene. Also, this product contains additional nutrients from Nature's Sunshine's Protector Shield® Blend—a combination of nutrient-dense fruits, vegetables, and herbs. Super Supplemental is coated with a proprietary chlorophyll coating, and also contains extra amounts of B-vitamins (depleted by physical stress).*

Super Omega 3 EPA: Essential Fatty Acids are not produced by the body, yet they are important to the health of our cells, heart, brain, and body. Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. Each Super Omega-3 EPA capsule contains 1,000 mg fish oil with a ratio of 2:1 EPA to DHA, plus lemon oil to mask any aftertaste.*

Super ORAC: Oxidative stress is implicated in aging and overall cardiovascular and neurological health. The antioxidants contained in Super ORAC may help neutralize oxidation and the destructive effects of free radicals. ORAC is an acronym for "oxygen radical absorbance capacity" and is used to determine the antioxidant value of foods or supplements. Green Tea, Mangosteen, Turmeric, Quercetin, Resveratrol, Apple, Açai, and Selenium make up the powerful antioxidant profile of this Super ORAC formulation.*

Each daily serving of Super Trio provides the antioxidant power of three average servings of fruits or vegetables.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



DIETARY SUPPLEMENT - 30 DAY SUPPLY
60 PACKETS - (60 tablets, 60 capsules, 60 softgel capsules)

Good nutrition is a major component of good health. However, today's fast-paced lifestyle—with nutritionally lacking snacks and many meals on the go—can make getting adequate levels of nutrients quite difficult.

But now, you can take good nutrition with you wherever you go. Super Trio makes getting proper nutrition simple and convenient.

Supplementing with Super Trio is an easy, effective way to ensure that your body is well-stocked with vital nutrition daily. Each packet offers powerful, effective levels of three potent Nature's Sunshine formulas.

Taken together, these proprietary blends offer a nutritious combination of essential fatty acids, vitamins, minerals and antioxidants.

This carton was sealed for your protection. Do not use if seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.