

BANYAN
BOTANICALS

Bhumyamalaki POWDER

(*Phyllanthus amarus*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
1 lb • 454g



Bhumyamalaki powder

Supports proper function of the liver*

Cleanses the gall bladder*

Promotes healthy skin*

Cools and soothes the digestive tract*

Bhumyamalaki (*Phyllanthus amarus*) is the classic Ayurvedic herb for the liver. It is very bitter in taste and has an action that is cooling, soothing, and cleansing. With its special affinity for the liver, bhumyamalaki acts to cleanse, detoxify, and strengthen this essential organ. It also supports proper function of the gall bladder and promotes healthy skin. An excellent herb for both pitta and kapha, bhumyamalaki is useful for those with constitutions that would benefit from its dry and light qualities.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

Not to be used during pregnancy. If you are nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ½ tsp

Servings: 199

Amount Per Serving

Phyllanthus Amarus herb ½ tsp**
(Bhumyamalaki), *Phyllanthus amarus*

+Certified Organic

**Daily Value Not Established

Lot No. 422538-56

Banyan Botanicals
Albuquerque, NM 87113 USA
banyanbotanicals.com | 1-800-953-6424
Certified Organic by New Mexico
Department of Agriculture



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