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Store away from heat & light

Keep Out of the Reach of Children

up to 4 times per day for general relaxation.* Best taken between meals.

SHAKE WELL BEFORE USING

SUGGESTED USE

022

RELAXING SLEEP™

NERVOUS SYSTEM

Calming & Relaxing*



HERB PHARM®

HERBAL SUPPLEMENT

2 fluid ounces (60 ml)

Relaxing Sleep™

Promotes Relaxation & Restful Sleep*

Supplement Facts

Serving Size: 0.7 ml

Servings: about 84

Amount Per Serving

% DV

Certified organic extract blend: 637 mg†
Valerian rhizome with root (*Valeriana officinalis*)Ⓢ
Passionflower flowering herb (*Passiflora incarnata*)Ⓢ
Hops strobile (*Humulus lupulus*)Ⓢ Chamomile flower
(*Matricaria chamomilla*)Ⓢ Catnip flowering herb
(*Nepeta cataria*)Ⓢ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (59-69%), distilled water & certified organic vegetable glycerin. Gluten-Free

Ⓢ Certified Organic Ⓢ Fresh (undried)
Ⓢ Extraction rate 317 mg fresh herb & 56 mg dry herb per 0.7 ml.

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.