

alcohol
free

kids

FAST ASLEEP™

NAP & NIGHTTIME*



HERB PHARM®

HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

SUGGESTED USE

SHAKE WELL BEFORE USING

Add drops to 1 oz. of water or juice. First dose 1 hour before bed & another at bedtime if needed.

25-49 pounds: 5 drops | 75-99 pounds: 15 drops
50-74 pounds: 10 drops | 100+ pounds: 20 drops

Consult a physician for use with children younger than 1 year old. Best taken between meals.

Caution: Adults: Seek expert medical advice before taking during pregnancy.

Keep Out of the Reach of Children

Store away from heat & light

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Supplement Facts

Serving Size: 5-20 drops

Servings: about 33-132

Amount Per Serving	5 drops 20 drops	% DV
Organic extract blend:	265 mg 1,060 mg	†
Passionflower flowering herb (<i>Passiflora incarnata</i>)	Ⓢ	
California Poppy whole flowering plant (<i>Eschscholzia californica</i>)	Ⓢ	
Lemon Balm herb (<i>Melissa officinalis</i>)	Ⓢ	
Chamomile flower (<i>Matricaria chamomilla</i>)	Ⓢ	
Catnip herb (<i>Nepeta cataria</i>)	Ⓢ	

† Daily Value (DV) not established

Other Ingredients: certified organic vegetable glycerin, distilled water & sweet orange essential oil (2-7 mg).

Gluten-Free

Ⓢ Certified Organic

Ⓢ Extraction rate 45-180 mg herb per 5-20 drops.

CONTAINS NO ALCOHOL

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

