

BANYAN[®]
BOTANICALS

Bacopa POWDER

(*Bacopa monnieri*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
1 lb - 454g



Bacopa powder

Supports proper function of the nervous system*

Promotes memory and concentration*

Calms and clears the mind*

Brahmi/Bacopa (*Bacopa monnieri*) is an excellent rejuvenative for the mind and nervous system. It is one of two herbs commonly known as the legendary "Brahmi" of the ancient Ayurvedic texts (the other being Brahmi/Gotu Kola). In Vedic philosophy, Brahman is the name for the universal consciousness. Brahmi is a derivation of Brahman that literally means "energy of universal consciousness." A worthy name for an amazing herb that has been used for centuries to promote memory, intelligence, and concentration. Bacopa supports the proper function of the brain and nerves, bringing balance to the nervous system while promoting clarity and awareness. It is also commonly used externally in a base of sesame oil as a special massage oil that calms and soothes the mind and nerves.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ½ tsp Servings: 196

Amount Per Serving

Bacopa herb	½ tsp**
<i>Bacopa monnieri</i> [†]	

[†]Certified Organic

^{**}Daily Value Not Established

Lot No. XXXXXX

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Certified Organic by New Mexico
Department of Agriculture



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