

Turmeric (*Curcuma longa*) is a bright yellow spice that is commonly used in foods such as dairy products, cereal, sausages, pickles, relish, baked goods, and savory products. Most of these products use turmeric for coloring and flavor. Turmeric is a common spice used throughout the world and is particularly popular in India and Southeast Asia.

Nature's Lab Organic Turmeric Powder:

- Supports Inflammation Health[†]
- Promotes Joint and Skin Health[†]
- Supports Immune, Digestive, and Liver Health[†]

Turmeric acts as an antioxidant and an anti-inflammatory agent.[†] It reduces the production of inflammatory molecules, such as prostaglandin and COX-2.[†] In recent clinical studies, the anti-inflammatory action of turmeric was successful in promoting inflammation support.[†] Another controlled trial found that when turmeric was taken daily, it decreased the swelling of joints.[†]

Easy to use: A versatile addition to many snacks and meals! Turmeric can be added to smoothies and juices as well as soups, energy bars, oatmeal, baked goods and even cereal!

†These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item No. 16807



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Certified Organic by QAI



Nature's Lab™

ORGANIC TURMERIC POWDER

WILDCRAFTED RAW SUPERFOOD



D I E T A R Y S U P P L E M E N T

NET WT 10.4 OZ (297 g)

Nutrition Facts

Serving Size: 1/2 Teaspoon (2g)
Servings Per Container: Approx. 149

Amount Per Serving	% DV*	
Calories 5	Calories from Fat 0	
Total Fat	0 g	0%
Total Carbohydrate	1 g	0%
Dietary Fiber	0 g	0%
Protein	0 g	0%
Vitamin A	0 IU	0%
Vitamin C	0 g	0%
Calcium	3 mg	0%
Iron	1.4 mg	8%
Magnesium	5 mg	1%

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Organic Turmeric Powder (*Curcuma longa*).

Free of: Salt, Dairy, Eggs, Peanuts, Tree Nuts, Fish, Shellfish, Yeast, Wheat, Soy, Gluten, Titanium Dioxide, Artificial Colors and Flavors.

Do not use if seal is broken. Keep out of reach of children. Store in a cool, dry place.

Manufactured in a facility that also processes soy, milk, fish and shellfish.

NON GMO, GLUTEN FREE