**SUGGESTED USAGE:** Add 1 level scoop daily to 8-12 oz. of water, milk, or your favorite beverage. Stir or blend.

NOW® Sports Soy Protein Isolate is a good vegetable source of high quality complete protein that has an excellent amino acid profile. Each 1 scoop serving typically has over 4,500 mg of branched-chain amino acids (BCAAs). Soy products, including soy protein, have naturally occurring phytoestrogens and beneficial proteins such as genistein and daidzein. Make sure you're getting the basic building blocks of good health with high quality NOW® Sports Soy Protein Isolate.

Diets low in saturated fat and cholesterol that include 25 grams of soy protein a day may reduce the risk of heart disease. One serving of NOW® Sports Soy Protein Isolate Powder provides 25 grams of soy protein.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Natural color variation may occur in this product.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.











CREAMY CHOCOLATE



NET WT. 2 LBS. (907 G)









K

Non-GMO

## **Nutrition Facts**

About 20 servings per container Serving size 1 level scoop (45g)

Amount per serving **Calories** 

|                  | % Daily Value*  |
|------------------|-----------------|
| Total Fat 1.5g   | 2%              |
| Saturated Fat 0. | 5g <b>3%</b>    |
| Trans Fat 0g     |                 |
| Cholesterol 0mg  | 0%              |
| Sodium 320mg     | 14%             |
| Total Carbohydi  | rate 9g 3%      |
| Dietary Fiber 0g | 0%              |
| Total Sugars 9g  |                 |
| Includes 9g Ad   | dded Sugars 18% |
| Protein 25g      | 50%             |
|                  |                 |
| Vit. D 0mcg 0% . | Calcium 66mg 6% |
| Iron 5mg 30% •   | Potas. 403mg 8% |
|                  |                 |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS: NON-GMO SOY PROTEIN** ISOLATE (IP), FRUCTOSE, NATURAL FLAVORS, ORGANIC COCOA, SOY LECITHIN, GUAR GUM, SEA SALT.

MANUFACTURED & QUALITY TESTED BY NOW FOODS 395 S. GLEN ELLYN RD. BLOOMINGDALE, IL 60108, USA nowsportsproducts.com

Not manufactured with wheat. aluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Typical Amino Acid Profile

| (example) (per serving)**        |                   |  |
|----------------------------------|-------------------|--|
| Essential<br>Amino Acids         | mg Per<br>Serving |  |
| L-Histidine                      | 680               |  |
| L-Isoleucine***                  | 1243              |  |
| L-Leucine***                     | 2071              |  |
| L-Lysine                         | 1598              |  |
| L-Methionine                     | 325               |  |
| L-Phenylalanine                  | 1331              |  |
| L-Threonine                      | 976               |  |
| L-Tryptophan                     | 325               |  |
| L-Valine***                      | 1272              |  |
| Non-Essential Amino Acids        |                   |  |
| L-Alanine                        | 1095              |  |
| L-Arginine                       | 1923              |  |
| L-Aspartic Acid                  | 2959              |  |
| L-Cysteine                       | 325               |  |
| L-Glutamic Acid                  | 4882              |  |
| Glycine                          | 1065              |  |
| L-Proline                        | 1302              |  |
| L-Serine                         | 1331              |  |
| L-Tyrosine                       | 976               |  |
| **subject to natural variability |                   |  |

<sup>\*\*\*</sup>Branched-Chain Amino Acids