

SUGGESTED USAGE: Add 1 level scoop daily to 8-12 oz. of water, milk, or your favorite beverage. Stir or blend.

NOW® Sports Soy Protein Isolate is a good vegetable source of high quality complete protein that has an excellent amino acid profile. Each 1 scoop serving typically has over 4,500 mg of branched-chain amino acids (BCAAs). Soy products, including soy protein, have naturally occurring phytoestrogens and beneficial proteins such as genistein and daidzein. Make sure you're getting the basic building blocks of good health with high quality NOW® Sports Soy Protein Isolate.

Diets low in saturated fat and cholesterol that include 25 grams of soy protein a day may reduce the risk of heart disease. One serving of NOW® Sports Soy Protein Isolate Powder provides 25 grams of soy protein.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Natural color variation may occur in this product.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.

Code 2142BN v5



CREAMY VANILLA



SOY PROTEIN ISOLATE

PROTEIN POWDER

WITH
BCAAs

25 G
PROTEIN

MIXES
EASILY

NET WT. 2 LBS. (907 G)



Nutrition Facts

About 20 servings per container

Serving size 1 level scoop (45g)

Amount per serving
Calories 180

% Daily Value*

Total Fat 2.5g **3%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 330mg **14%**

Total Carbohydrate 13g **5%**

Dietary Fiber 3g **11%**

Total Sugars 10g

Includes 10g Added Sugars **20%**

Protein 25g **50%**

Vit. D 0mcg 0% • Calcium 74mg 6%

Iron 5mg 30% • Potas. 417mg 8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: NON-GMO SOY PROTEIN ISOLATE (IP), FRUCTOSE, NATURAL FLAVORS, SOY LECITHIN, SEA SALT.

MANUFACTURED & QUALITY TESTED BY:
NOW FOODS
395 S. GLEN ELLYN RD.
BLOOMINGDALE, IL 60108, USA
nowsportsproducts.com

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per Serving
L-Histidine	680
L-Isoleucine***	1243
L-Leucine***	2071
L-Lysine	1598
L-Methionine	325
L-Phenylalanine	1331
L-Threonine	976
L-Tryptophan	325
L-Valine***	1272
Non-Essential Amino Acids	
L-Alanine	1095
L-Arginine	1923
L-Aspartic Acid	2959
L-Cysteine	325
L-Glutamic Acid	4882
Glycine	1065
L-Proline	1302
L-Serine	1331
L-Tyrosine	976

**subject to natural variability

***Branched-Chain Amino Acids