

BANYAN[®]
BOTANICALS

Ashoka POWDER

(*Saraca indica*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
1lb • 454g



Ashoka powder

Strengthens and tones the uterus*

Promotes regular menstruation*

Supports a healthy, comfortable monthly flow*

Promotes healthy ovarian and endometrial tissue*

Ashoka (*Saraca indica*) is Ayurvedic medicine's foremost uterine tonic and has many traditional uses that help support a healthy female reproductive system. Its name literally means "remover of sorrow," attesting to its ability to promote health and healing. It is useful for supporting a regular monthly cycle and for promoting a normal, healthy menstrual flow. Ashoka soothes the nerves and promotes uterine comfort while helping to promote healthy ovarian and endometrial tissue.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ½ tsp Servings: 186

Amount Per Serving

**Asoka Tree bark
(Ashoka), *Saraca indica*+** ½ tsp**

+Certified Organic

**Daily Value Not Established

Lot No. XXXXXX

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Certified Organic by New Mexico
Department of Agriculture



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