

SUGGESTED USAGE: As a dietary supplement, take one capsule per day, or as directed by your health care practitioner.

WARNING: Not recommended for use by pregnant or lactating women, or by those taking SSRI or MAOI medications.

NOTICE: Color, size or shape may appear different between lots.

Does not contain gluten.

STORE AT ROOM TEMPERATURE.
KEEP OUT OF REACH OF CHILDREN.

Item# HTP090-PL-1



PUF1132

Live life pure.

**PURE
FORMULAS™**

5 HTP Complete

90 VEGETARIAN CAPSULES
DIETARY SUPPLEMENT



NON-GMO

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Vitamin B-6 (as Pyridoxal-5-Phosphate)	10 mg	500%
5-HTP (5-Hydroxytryptophan)	50 mg	*

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, cellulose (capsule), L-leucine.

Manufactured for:
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