

Biotin is an essential B vitamin. It's a water soluble vitamin that is not stored in the body and must be continuously replaced.

Biotin:

- Supports the breakdown of fatty acids into energy for the body†
- Supports the action of enzymes that affect the skin and intestinal tract†
- May help strengthen brittle nails†

†This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Warnings: Pregnant or lactating women and people with known medical conditions and/or taking drugs should consult with a qualified healthcare practitioner prior to taking dietary supplements.



Manufactured by DrVita Labs
6980 W. Warm Springs Road
Suite 100
Las Vegas, NV 89113
1-888-793-0351
www.natureslab.com

Item No. 15039



Nature's Lab™
#1 Natural & Science Based Formulas

Biotin

5,000 mcg Per Capsule

Supports Hair, Skin & Nail Health†



60

CAPSULES

Suggested Use: As a dietary supplement, take 1 capsule with meal or as directed by a qualified healthcare practitioner.

Supplement Facts

Serving Size: 1 Capsule	Servings Per Container: 60	
	Amount Per Serving	% DV*
Biotin	5,000 mcg	1,667%

Other Ingredients: Rice flour, gelatin (capsule), magnesium stearate (vegetable source), and silicon dioxide

Free of: Sugar, Salt, Dairy, Eggs, Peanuts, Tree Nuts, Shellfish, Yeast, Wheat, Gluten, Corn, Preservatives, Titanium Dioxide, Artificial Colors and Flavors.

Do not use if seal is broken. Keep out of reach of children. Store in a cool, dry place.

Rev. 000

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