

BANYAN
BOTANICALS

Amalaki POWDER

(*Embolica officinalis*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
1 lb • 454g



Amalaki powder

Removes excess pitta from the system*

Assists natural internal cleansing and maintains regularity*

Stimulates digestive fire without aggravating pitta*

Natural antioxidant*

As one of the three ingredients in triphala, amalaki (*Embolica officinalis*) is a potent rejuvenative that nourishes the tissues and gently removes toxins. It is generally taken in place of triphala by those with excess heat in the digestive tract. Amalaki's cooling action removes excess pitta from the GI tract, supporting a healthy stomach lining and the proper function of digestive acids. It also cleanses the colon, eliminating excess toxins and heat while supporting healthy bowel movements. Amalaki is a highly concentrated source of natural antioxidants and is deeply nourishing to the body tissues.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ½ tsp

Servings: 144

Amount Per Serving

Amla fruit
(Amalaki), *Embolica officinalis** ½ tsp**

*Certified Organic

**Daily Value Not Established

Lot No. XXXXXX

Banyan Botanicals
Albuquerque, NM 87113 USA
banyanbotanicals.com | 1-800-953-6424
Certified Organic by New Mexico
Department of Agriculture



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