

**SUGGESTED USAGE:** Add 1 level scoop daily to 10 oz. of cold water, juice, or your favorite beverage. Stir or blend.

If you're an active vegetarian or vegan then you know how difficult it can be to find a premium quality vegetarian protein powder. NOW® Sports Plant Protein Complex is specifically formulated to address your needs with a non-GMO vegan protein blend from pea, hemp and quinoa sources. Each 1 scoop serving provides 22 grams of protein, and typically has about 3,900 mg of branched-chain amino acids and 1,800 mg of arginine. Naturally sweetened with xylitol and stevia, NOW® Sports Plant Protein Complex is the ideal protein product for your active vegetarian lifestyle.

**NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

Contains Xylitol, which is harmful to pets.

Natural color variation may occur in this product.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.

Code 2129BN v7



# PLANT PROTEIN COMPLEX

PROTEIN POWDER

PEA  
HEMP  
QUINOA

22 G  
PROTEIN

NO SOY  
NO DAIRY



CREAMY VANILLA

NET WT. 2 LBS. (907 G)



## Nutrition Facts

About 24 servings per container  
Serving size 1 level scoop (38g)

Amount per serving  
**Calories 140**

|                              | % Daily Value* |
|------------------------------|----------------|
| <b>Total Fat</b> 2g          | <b>3%</b>      |
| Saturated Fat 0g             | <b>0%</b>      |
| Trans Fat 0g                 |                |
| <b>Cholesterol</b> 0mg       | <b>0%</b>      |
| <b>Sodium</b> 300mg          | <b>13%</b>     |
| <b>Total Carbohydrate</b> 7g | <b>3%</b>      |
| Dietary Fiber 0g             | <b>0%</b>      |
| Total Sugars 0g              |                |
| Includes 0g Added Sugars     | <b>0%</b>      |
| Xylitol 2g                   |                |
| <b>Protein</b> 22g           | <b>44%</b>     |

Vit. D 0mcg 0% • Calcium 20mg 2%  
Iron 1mg 6% • Potas. 138mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** YELLOW PEA PROTEIN ISOLATE, NATURAL FLAVORS, QUINOA PROTEIN, XYLITOL, HEMP PROTEIN, ORGANIC STEVIA LEAF EXTRACT, XANTHAN GUM, STEVIA LEAF EXTRACT (REBAUDIOSIDE A).

DISTRIBUTED & QUALITY TESTED BY:  
NOW FOODS  
395 S. GLEN ELLYN RD.  
BLOOMINGDALE, IL  
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nowsportsproducts.com

| Typical Amino Acid Profile<br>(example) (per serving)** |                |
|---------------------------------------------------------|----------------|
| Essential Amino Acids                                   | mg Per Serving |
| L-Histidine                                             | 544            |
| L-Isoleucine***                                         | 1000           |
| L-Leucine***                                            | 1832           |
| L-Lysine                                                | 1634           |
| L-Methionine                                            | 204            |
| L-Phenylalanine                                         | 1203           |
| L-Threonine                                             | 857            |
| L-Tryptophan                                            | 195            |
| L-Valine***                                             | 1084           |
| Non-Essential Amino Acids                               |                |
| L-Alanine                                               | 897            |
| L-Arginine                                              | 1876           |
| L-Aspartic Acid                                         | 2576           |
| L-Cysteine                                              | 330            |
| L-Glutamic Acid                                         | 3927           |
| Glycine                                                 | 912            |
| L-Proline                                               | 957            |
| L-Serine                                                | 1143           |
| L-Tyrosine                                              | 814            |

\*\*subject to natural variability

\*\*\*Branched-Chain Amino Acids

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.