

PROMOTE OPTIMAL HEALTH FOR YOUR BODY AND MIND WITH VITAL NUTRIENTS

A 30-day supply of powerful vitamins, minerals and essential fatty acids in convenient A.M. and P.M. packets.

Supplement	Key	AM	PM
 MagSRT™ 		2	2
 Activated B w/SRT™		1	0
 Pureway-C™ + Lysine 		2	2
 Essential Blend Antioxidant		1	1
 Essential Blend Multi Mineral 		0	1
 Omega-3 Fish Oil + Vitamin D3		2	1
 Vitamin K2 + E Complex 		0	1
 CoQ10 w/SRT™ 		1	1
 Curcumin Extract		1	1

MagSRT™
America's #1 Time-Release Magnesium. MagSRT™ releases Alibon's patented di-magnesium malate gently into your body over an extended period of time for super-absorption and to avoid the digestive discomfort experienced with other brands.*

Activated B w/SRT™
Delivers B vitamins in their active forms, ready for your body to use right away. Promotes healthy, steady energy levels throughout the day.*

Pureway-C™ + Lysine
Clinically shown to outperform other leading forms of Vitamin C by offering better immune protection, better free radical scavenging, and better antioxidant support.*

Essential Blend Antioxidant
Contains vitamins A, D3, and E, plus super-potent pomegranate, acai, cranberry, green tea, and grape seed extracts to support a healthy immune system and provide ongoing antioxidant support.*

Essential Blend Multi-Mineral
Replenishes vital minerals with highly absorbable, organic forms of selenium, manganese, chromium, molybdenum, copper, iodine, zinc, and over 60 other trace minerals.*

Omega-3 Fish Oil + Vitamin D3
Supports heart and brain health with the purest form of concentrated omega-3 essential fatty acids (EPA and DHA), combined with Vitamin D3.*

Vitamin K2 + E Complex
Includes MenaQ7™ Vitamin K2, proven to deliver the most effective form of Vitamin K2, combined with a full-spectrum Vitamin E Complex. Helps your body build healthy bone tissue while maximizing calcium absorption and helps protect the aging brain.*

CoQ10 w/SRT™
CoQ10 w/SRT™ utilizes MicroActive™ CoQ10 and is clinically shown for superior bioavailability and universally enhanced absorption for all users in a 24-hour time release capsule.*

Curcumin Extract
Curcumin helps support healthy cellular maintenance and promotes immune system function. Our 95% curcuminoid compound dissolves in medium-chain triglycerides (MCTs) and extra-virgin olive oil to increase bioavailability and absorption.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Product of the U.S.A. with select ingredients thoughtfully sourced from around the world.

A.M. Supplement Facts

Serving Size – 1 A.M. Packet (2 MagSRT™, 2 Omega-3 Fish Oil + Vitamin D3, 2 Pureway-C® + Lysine, 1 Essential Blend Antioxidant, 1 CoQ10 w/SRT®, 1 Curcumin, 1 Activated B w/SRT®)

Servings Per Container – 30

	Amount Per Serving	% Daily Value
Calories	27	1
Calories from Fat	22	1
Total Fat	2.1 g	3%
Saturated Fat	1 g	<1%
Trans Fat	0 g	1
Monounsaturated Fat	0 g	1
Polysaturated Fat	1.5 g	1
Vitamin A (as Retinyl Palmitate)	875 mcg	73%
Vitamin C (as Pureway-C®)	1,000 mg	1,111%
Vitamin C (as Ascorbyl Palmitate)	5 mg	4%
Vitamin D3 (as Cholecalciferol)	19 mcg	95%
Vitamin E (as Natural D-Alpha Tocopherol)	34 mg	227%
Vitamin B1 (as Benfotiamine)	25 mg	2,083%
Vitamin B2 (as Riboflavin-5-Phosphate Sodium)	25 mg	1,523%
Vitamin B3 (as Nicotinamide)	15 mg	94%
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	27.5 mg	1,818%
Folate (as Quinfolinyl-5-Methyl Tetrahydrofolate)	300 mcg	75%
Vitamin B12 (as Methylcobalamin)	500 mcg	20,833%
D-Biotin (Vitamin H)	500 mcg	1,667%
Vitamin B5 (as Calcium D-Panthenate)	125 mg	2,500%
Magnesium (as Dimagnesium Malate) Alibon®	250 mg	60%
Choline (as N-Acetylcholine Choline Bitartrate)	60 mg	100%
Malic Acid (as Dimagnesium Malate)	718 mg	1
Omega-3 Fish Oils (Sardine & Anchovy) Containing:	2,000 mg	1
EPA (Eicosapentaenoic Acid)	600 mg	75%
DHA (Docosahexaenoic Acid)	400 mg	1
Coenzyme Q10 (80 mg CoQ10 as MonoActive® CoQ10 and 40 mg as CoQ10)	100 mg	1
Inositol	75 mg	1
Para-Aminobenzoic Acid (PABA)	15 mg	1
L-Lysine HCl	100 mg	1
Curcumin Extract (95% Curcuminoids)	250 mg	1
Grape Seed Extract	75 mg	1
Green Tea Leaf Extract	75 mg	1
Pomegranate Extract	75 mg	1
Alpha Lipoic Acid	75 mg	1
Cranberry Juice Extract	50 mg	1
Acai Berry Extract 4:1	50 mg	1
Lycopene	2.5 mg	1
Lutein	1.5 mg	1

* Percent of Daily Value based on a 2000 calorie diet

† Daily Value not established

Other Ingredients: Vegetable Capsules, Gelatin, Cellulose, Glycerin, Modified Cellulose, Extra Virgin Olive Oil, Medium Chain Triglycerides, D-Cyclodextrin, Purified Water, Lemon Oil, Brown Rice Flour, Crosscarmellose Sodium, Ascorbyl Palmitate, Silicon Dioxide, Citrus Bioflavonoids, Stearic Acid, Magnesium Stearate, Fatty Acids, Microcrystalline Cellulose, Silica, Organic Nu-Powell, Yellow Bessanex, Quar Gum, Xanthan Gum, Sunflower Lecithin, Turmeric Powder, Vitamin D3 in Softgels Oil, Food Glaze, Micro Wax.

Suggested Use: To replenish essential nutrients, take with food, one packet in the morning (A.M.). Or use as directed by your healthcare professional.

Please Note: Vitamin K2 may counteract the effects of anticoagulation therapy, and therefore is not recommended for patients on blood thinning medications. If you are currently taking any blood thinners, please consult your healthcare professional before taking any magnesium supplements.

All values listed in elemental amounts. Ingredients for individual pills are indicated by color key, and can also be found online at www.jigsawhealth.com.

Keep out of reach of children. Store in a cool dry place.

TRACOS® is a registered trade name of Alibon® Laboratories Inc. and covered by U.S. Patent No. 7,838,042. Dimagnesium malate is supplied by Alibon® and covered by U.S. Patent No. 7,926,904. MenaQ7™ is a registered trademark of Nutrilabs USA, Newberg and covered by U.S. Patent No. 6,726,515 & 6,524,120 and Canada Patent No. 2,347,387. Quinfolinyl™ is a registered trade name of Groco and covered by U.S. Patent No. 7,347,462.

Alibon® Contains fish. Manufactured in a facility that also handles products with other known allergens.



Jigsaw Ultimate

ESSENTIAL DAILY PACKETS
DIETARY SUPPLEMENT



AM

PM

60 SUPPLEMENT PACKETS



Jigsaw Ultimate
ESSENTIAL DAILY PACKETS



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P.M. Supplement Facts

Serving Size – 1 P.M. Packet (2 MagSRT™, 1 Omega-3 Fish Oil + Vitamin D3, 2 Pureway-C® + Lysine, 1 Essential Blend Antioxidant, 1 CoQ10 w/SRT®, 1 Curcumin, 1 Vitamin K2 + E Complex, and 1 Essential Blend Multi Mineral)

Servings Per Container – 30

	Amount Per Serving	% Daily Value
Calories	18	1
Calories from Fat	14	1
Total Fat	1.5 g	3%
Saturated Fat	3 g	2%
Trans Fat	0 g	1
Monounsaturated Fat	0 g	1
Polysaturated Fat	8 g	1
Vitamin A (as Retinyl Palmitate)	875 mcg	73%
Vitamin C (as Pureway-C®)	1,000 mg	1,111%
Vitamin C (as Ascorbyl Palmitate)	5 mg	4%
Vitamin D3 (as Cholecalciferol)	9 mcg	45%
Vitamin E (as Natural D-Alpha Tocopherol and Tocopheryl Succinate)	164 mg	1,093%
Vitamin K2 (as MenaQ7®)	50 mcg	42%
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	2.5 mg	147%
Folate (as Quinfolinyl-5-Methyl Tetrahydrofolate)	100 mcg	25%
Vitamin B12 (as Methylcobalamin)	3 mg	125%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Dimagnesium Malate) Alibon®	250 mg	60%
Zinc (as Zinc Bisglycinate Chelate) TRACOS®	15 mg	138%
Selenium (as L-Selenomethionine Pentahydrate™)	400 mcg	727%
Copper (as Copper Bisglycinate Chelate) TRACOS®	2 mg	202%
Manganese (as Manganese Bisglycinate Chelate) TRACOS®	2 mg	87%
Chromium (as Chromium Nicotinate Glycinate Chelate) TRACOS®	400 mcg	1,143%
Molybdenum (as Molybdenum Glycinate Chelate) TRACOS®	150 mcg	333%
Malic Acid (as Dimagnesium Malate)	718 mg	1
Mixed Tocopherols	94 mg	1
D-beta Tocopherol	900 mcg	1
D-gamma Tocopherol	75 mg	1
D-delta Tocopherol	18 mg	1
Tocotrienol Complex	90 mg	1
D-alpha Tocopherol	5 mg	1
D-delta Tocopherol	600 mcg	1
D-gamma Tocotrienol	9 mg	1
D-delta Tocotrienol	2.4 mg	1
Omega-3 Fish Oils (Sardine & Anchovy) Containing:	1,000 mg	1
EPA (Eicosapentaenoic Acid)	300 mg	1
DHA (Docosahexaenoic Acid)	200 mg	1
Coenzyme Q10 (80 mg CoQ10 as MonoActive® CoQ10 and 40 mg as CoQ10)	100 mg	1
L-Lysine HCl	100 mg	1
Curcumin Extract (95% Curcuminoids)	250 mg	1
Grape Seed Extract	75 mg	1
Green Tea Leaf Extract	75 mg	1
Pomegranate Extract	75 mg	1
Alpha Lipoic Acid	75 mg	1
Cranberry Juice Extract	50 mg	1
Acai Berry Extract 4:1	50 mg	1
Lycopene	2.5 mg	1
Lutein	1.5 mg	1
Trace Mineral Blend	5 mg	1

* Percent of Daily Value based on a 2000 calorie diet

† Daily Value not established

Other Ingredients: Vegetable Capsules, Gelatin, Cellulose, Glycerin, Extra Virgin Olive Oil, Medium Chain Triglycerides, Modified Cellulose, D-Cyclodextrin, Vitamin E (D-α-Tocopherol), Purified Water, White Rice Flour, Brown Rice Flour, Palm Tocotrienol, Magnesium Stearate, Citrus Bioflavonoids, Fatty Acids, Lemon Oil, Crosscarmellose Sodium, Ascorbyl Palmitate, Microcrystalline Cellulose, Silicon Dioxide, Silica, Organic Nu-Powell, Yellow Bessanex, Sunflower Lecithin, Turmeric Powder, Vitamin D3 in Softgels Oil, Micro Wax.

Suggested Use: To replenish essential nutrients, take with food, one packet in the evening (P.M.). Or use as directed by your healthcare professional.