

BANYAN
BOTANICALS

Punarnavadi Guggulu POWDER

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
1 lb • 454g



Punarnavadi Guggulu powder

Supports proper function of the urinary system*

Supports the healthy elimination of fluids from the system*

Detoxifying and rejuvenating formula that helps remove deep-seated kapha from the tissues*

Punarnavadi Guggulu is a traditional Ayurvedic formula for balancing kapha in the kidneys, heart, and joints. It is a powerful detoxifying and rejuvenating combination that supports the healthy elimination of liquids and helps maintain balance of the water element within the body. Its main ingredients, punarnava, triphala, and trikatu are combined with guggulu to remove deep-seated kapha from the tissues. They also act to support the healthy circulation of the lymph and blood while promoting comfortable movement of the joints.*

Suggested Use: ½ to ¼ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

Not to be used during pregnancy. If you are nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ¼ tsp

Servings: 359

Amount Per Serving

Proprietary Blend

¼ tsp**

Guggul resin (Guggulu) *Commiphora nukul**,
Ginger root *Zingiber officinale**, Boerhavia root
(Punarnava) *Boerhaavia diffusa**, Castor root
and oil *Ricinus communis**, Indian Jalap root
*Operculina turpethum**, Amla fruit (Amalaki)
*Emblia officinalis**, Long Pepper fruit (Pippali)
*Piper longum**, Black Pepper fruit *Piper
nigrum**, Ceylon Leadwort root (Chitrak)
*Plumbago zeylanica**, Marking-nut Tree fruit
*Semecarpus anacardium**, Beleric Myrobalan
fruit (Bibhitaki) *Terminalia bellerica**, Chebulic
Myrobalan fruit (Haritaki) *Terminalia chebula**,
Indian Tinospora stem (Guduchi) *Tinospora
cordifolia**, Baliospermum root *Baliospermum
montanum**

*Certified Organic

**Daily Value Not Established

Other ingredients from natural sources: silicon dioxide

Lot No. XXXXXX

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Certified Organic by New Mexico
Department of Agriculture



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