For over 40 years, Vitamin World has pioneered the manufacture of premium nutritional supplements, Our commitment

to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. We quarantee it.



TO REORDER PROD. #3895 www.vitaminworld.com 1-800-228-4533

> Carefully Manufactured by Vitamin World, Inc. Ronkonkoma, NY 11779 U.S.A. © 2012 Vitamin World, Inc.

ULTRA MAN

## DAILY MULTI

Premium Performance Formula for Men

HIGH POTENCY

TIMED ( ) RELEASE

180 COATED

DIETARY SUPPLEMENT

## **Supplement Facts**

Serving Size 2 Caplets Servings Per Container 90

Amount Per Serving	%	Daily	Value
Vitamin A (as Retinyl Acetate and Beta-Carotene)	5,000	IU	100%
Vitamin C (as Ascorbic Acid)	300	mg	500%
Vitamin D (as D3 Cholecalciferol)	2,000	IU	500%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30	IU	100%
Vitamin K (as Phytonadione)	75	mcg	94%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50	mg	3,333%
Riboflavin (Vitamin B-2)	50	mg	2,941%
Niacin (as Niacinamide)	50	mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50	mg	2,500%
Folic Acid	400	mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100	mcg	1,667%
Biotin	1,000	mcg	333%
Pantothenic Acid (as d-Calcium Pantothenate)	50	mg	500%
Calcium (as Calcium Carbonate and Calcium Citrate)	100	mg	10%
lodine (as Potassium Iodide)	150	mcg	100%
Magnesium (as Magnesium Oxide)	50	mg	13%
Zinc (as Zinc Oxide)	15	mg	100%
Selenium (as Sodium Selenate)	200	mcg	286%
Copper (as Cupric Oxide)	2	mg	100%
Manganese (as Manganese Gluconate)	2	mg	100%
Chromium (as Chromium Picolinate)	200	mcg	167%
Molybdenum (as Sodium Molybdate)	72	mcg	96%
Chloride (as Potassium Chloride)	27	mg	1%
Potassium (as Potassium Chloride)	30	mg	1%
Alpha Lipoic Acid	10	mg	
Choline Bitartrate	10	mg	
Inositol	10	mg	

Amount Per Serving %Daily Va	
Boron (as Bororganic Glycine)	2 mg *
Vanadium (as Sodium Metavanadate)	10 mcg *
Ultra Man Amino Blend	150 mg *

(L-Taurine, L-Glutamine, L-Arginine, L-Valine, L-Cysteine, L-Leucine, N-Acetyl Carnitine Hydrochloride, L-Isoleucine, L-Carnitine, L-Methionine)
Ultra Man Bio-Active Blend 120 mg \*

(Pumpkin Seed (Cucurbita pepo), Oyster Extract, Saw Palmetto Extract
(Serenoa repens) (fruit), Lycopene)
Antioxidant Blend

(Citrus Bioflavonoids (Citrus limon) (fruit), Bilberry (Vaccinium myrtillus) (leaf), Elderberry (Sambucus nigra) (fruit), Black Currant (Ribes nigrum)

(teal), Leteruchy (Jamandazo Inglar) (trust), Isaac Gurtant (Index Inguint) (Irutt), Grape Seed Extract (Vitis winifera), Brussels Sprouts Extract, Kale Extract, Cauliflower Extract, Celery Seed (Apium graveolens), Carrot Extract, Brocolo Extract, Cabbage Extract, Resveratorf from (Polygonum cuspidatum) (root), Astaxanthin Complex, Lutein, Super Oxide Dismutase, Coenzyme O-11

\*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Vegetable Stearic Acid. Contains <2% of: Calcium Silicate, Vanillin, Vegetable Magnesium Stearate.
Contains milk and soy ingredients.

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with a meal.

No Artificial Color, No Preservatives, No Sugar, No Gluten, No Wheat. No Yeast. No Fish.

WARMING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.