



Unlike some other whey protein isolate products on the market that are laden with artificial sweeteners, flavors and colors, the sports nutritional scientists at Extreme Edge® use only naturally-derived sweeteners, flavors and colors in combination with 100% natural whey protein isolate to help facilitate clean and pure performance.†

Plus, this whey protein isolate powder is derived from grass-fed cows that are not treated with recombinant bovine growth hormone (rBGH)† or antibiotics. And instead of the common practice of using heat processed whey that could denature the protein and immunoglobulins, we employ cross-acid pools in the muscle that are necessary for achieving significant increases in muscle size and mass. Plus, each scoop provides essential amino acids – including branched chain amino acids – for muscle building and repairing, immunoglobulins for immune support to combat transient immune suppression that often occurs after strenuous exercise, as well as a cellular hydration blend of naturally occurring electrolytes (potassium (K+), sodium (Na+), calcium (Ca2+), phosphorus and magnesium (Mg2+)). Muscle contraction is dependent upon the presence of electrolytes.

In fact, without sufficient levels of these key minerals, which can often be depleted during continuous strenuous exercise, muscle weakness or severe muscle contractions/cramping may occur, as well as dehydration.†



Tested • Certified • Safer™ with NSF Certified for Sport® Product tested for 200+ banned substances. Product checked against sports prohibitive lists (NFL, MLB).  
More info at [www.nsf.org](http://www.nsf.org)

† The Federal Government has determined there is no significant compositional difference in the milk or milk by-products from rBST or rBGH treated and untreated cows.

• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

### TYPICAL AMINO ACID/PROTEIN FRACTION PROFILES PER SERVING\*

Values are based on amino acid milligram (mg) percentages per 26 grams of protein in a single 8 fl oz serving of **EXTREME EDGE® WHEY PROTEIN ISOLATE**.

Amino Acid	% Total Protein*	MG*	Amino Acid	% Total Protein*	MG*
Alanine	4.2%	1100 mg	Threonine	5.0%	1530 mg
Arginine	2.3%	610 mg	Tryptophan	1.4%	370 mg
Aspartic Acid	8.9%	2315 mg	Tyrosine	2.5%	640 mg
Cystine/Cysteine	1.8%	465 mg	Valine**	5.0%	1290 mg
Glutamic Acid	15.1%	3920 mg	<b>Protein Fractions</b>		
Glycine	1.6%	405 mg	Beta-Lactoglobulin	60%	15,600 mg
Histidine	1.5%	390 mg	Glycomacropeptides (GMP)	15%	3900 mg
Isoleucine**	4.9%	1265 mg	Alpha-Lactalbumin	15%	3900 mg
Leucine**	9.2%	2380 mg	Protease Peptone 5	5.0%	1300 mg
Lysine	8.0%	2090 mg	Immunoglobulins (Igs)	2.0%	520 mg
Methionine	1.9%	505 mg	Serum Albumin	<1%	250 mg
Phenylalanine	2.7%	690 mg	*Values are based on a calculation of 26 grams of whey protein isolate		
Proline	4.9%	1275 mg	** Branched Chain Amino Acids		
Serine	4.3%	1120 mg			

### ADVICE FOR OFF-SEASON BODY-BUILDERS & ENDURANCE ATHLETES

Add one scoop of **EXTREME EDGE® WHEY PROTEIN ISOLATE** with two servings of **EXTREME EDGE® CARBO LOAD**. When combined as directed, you will receive the scientifically coveted ~3:1 ratio of carbohydrates-to-protein (i.e., 79 grams of carbohydrate to 26 grams of protein providing ~425 calories) to replenish glycogen and amino acid stores, as well as electrolytes in the body for faster recovery.†

### OTHER PRODUCTS FROM EXTREME EDGE:



**1 PRE WORKOUT**  
MUSCLE RECHARGER •

**2 CARBO LOAD**  
MUSCLE REFUELER •

**3 POST WORKOUT**  
MUSCLE REBUILDING & RECOVERY •

### PROFESSIONAL STRENGTH FOR SERIOUS ATHLETES

**WARNING:** Consuming this product can expose you to chemicals that are known to the State of California to cause birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food)



NO BANNED SUBSTANCES DETECTED



**CHOCOLATE FLAVOR**



MUSCLE REBUILDER & FAST-ACTING AMINO ACID REPLENISHER •  
26 GRAMS OF PROTEIN PER SERVING WITH BCAAs

- Optimizes Muscle Growth •
- Inhibits Muscle Breakdown •
- Supports Immune Function •



100% PURE  
**WHEY PROTEIN ISOLATE**

Supplement Facts		
Serving Size 1 Scoop (33 g)		
Servings Per Container 28		
Amount Per Serving		%DV
Calories	125	
Total Fat	0.5 g	<1%**
Saturated Fat	0.5 g	3%**
Cholesterol	15 mg	5%
Total Carbohydrate	3 g	1%**
Dietary Fiber	0.5 g	2%**
Sugars†	1.5 g	
Includes 0 g added sugars		0%**
Protein	26 g	52%**
Calcium (from whey)	130 mg†	10%
Iron (from cocoa)	0.5 mg†	3%
Phosphorus (from whey, cocoa)	90 mg†	7%
Magnesium (from whey, cocoa)	30 mg†	7%
Copper (from cocoa)	100 mcg†	11%
Chloride (from whey, sodium chloride)	70 mg†	3%
Sodium (from whey, sodium chloride)	125 mg†	5%
Potassium (from whey, cocoa)	250 mg†	5%

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Other Ingredients:** Dutch Cocoa, Natural Chocolate Flavor, Non-GMO Sunflower Lecithin, Stevia Extract (Reb A).

**Contains: Milk**  
Free of Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat and Soybeans. Also Free of Yeast, Gluten, Barley and Rice.

**Allergen Warning:** Manufactured in a facility that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flour.

KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE. KEEP OUT OF THE REACH OF CHILDREN.

THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING.

**NOTICE:** USE THIS PRODUCT AS A FOOD SUPPLEMENT. DO NOT USE FOR WEIGHT REDUCTION. SERVINGS PER CONTAINER ARE AN APPROXIMATE.

BLUEBONNET'S KOF-K CERTIFICATION #K-0000700  
Extreme Edge® is a registered trademark of Bluebonnet Nutrition Corporation.

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