

PROMOTE OPTIMAL HEALTH FOR YOUR BODY AND MIND WITH VITAL NUTRIENTS

A 30-day supply of powerful vitamins, minerals and essential fatty acids in convenient A.M. and P.M. packets.

Supplement	Key	AM	PM
 MagSRT™ 		2	2
 Activated B w/SRT™		1	0
 Pureway-C* + Lysine 		1	1
 Essential Blend Antioxidant		1	1
 Essential Blend Multi Mineral		0	1
 Omega-3 Fish Oil + Vitamin D3		1	1
 Vitamin K2 + E Complex 		0	1

MagSRT™

America's #1 Time-Release Magnesium. MagSRT™ releases Albion's patented di-magnesium malate gently into your body over an extended period of time for super-absorption and to avoid the dreaded digestive discomfort experienced with other brands.*

Activated B w/SRT™

Delivers B vitamins in their active forms, ready for your body to use right away. Promotes healthy, steady energy levels throughout the day.*

Pureway-C* + Lysine

Clinically shown to outperform other leading forms of Vitamin C by offering better immune protection, better free radical scavenging, and better antioxidant support.*

Essential Blend Antioxidant

Contains vitamins A, D3, and E, plus super-potent pomegranate, açai, cranberry, green tea, and grape seed extracts to support a healthy immune system and provide ongoing antioxidant support.*

Essential Blend Multi-Mineral

Replenishes vital minerals with highly absorbable, organic forms of selenium, manganese, chromium, molybdenum, copper, iodine, zinc, and over 60 other trace minerals.*

Omega-3 Fish Oil + Vitamin D3

Supports heart and brain health with the purest form of concentrated omega-3 essential fatty acids (EPA and DHA), combined with Vitamin D3.*

Vitamin K2 + E Complex

Includes MenaQ7™ Vitamin K2, proven to deliver the most effective form of Vitamin K2, combined with a full-spectrum Vitamin E Complex. Helps your body build healthy bone tissue while maximizing calcium absorption and helps protect the aging brain.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Product of the U.S.A., with select ingredients thoughtfully curated from around the world.

Jigsaw Complete A.M. Supplement Facts

Serving Size - 1 A.M. Packet (2 MagSRT™, 1 Omega-3 Fish Oil + Vitamin D3, 1 Pureway-C® + Lysine, 1 Essential Blend Antioxidant, 1 Activated B w/SRT®)
Servings Per Container - 30

	Amount Per Serving	% Daily Value
Calories	10.60	1
Calories from Fat	8.94	1
Total Fat	99 g	1%
Saturated Fat	89 g	>1%
Trans Fat	0 g	1
Monounsaturated Fat	18 g	1
Polysaturated Fat	79 g	1
Vitamin A (as Retinyl Palmitate)	675 mcg	75%
Vitamin A (as Pureway-C®)	500 mg	500%
Vitamin C (as Ascorbyl Palmitate)	5 mg	8%
Vitamin D3 (as Cholecalciferol)	9 mcg	45%
Vitamin E (as Natural D-Alpha Tocopheryl)	34 mg	227%
Vitamin B1 (as Benfotiamine)	25 mg	2,083%
Vitamin B2 (as Riboflavin-5-Phosphate Sodium)	25 mcg	1,923%
Vitamin B3 (as Nicotinamide)	15 mg	94%
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	27.5 mg	16,181%
Acid Glucosamine Sulfate	300 mcg	75%
Folate (as Quatrefolic® 5-Methyl Tetrahydrofolic Acid)	500 mcg	20,000%
Vitamin B12 (as Methylcobalamin)	500 mcg	20,000%
D-Biotin (Vitamin H)	500 mcg	1,667%
Vitamin B5 (as Calcium D-Pantothenate)	125 mg	2,500%
Magnesium (as Omegapentaenoic Acid)	250 mg	60%
Choline Bitartrate	150 mg	27%
Omega-3 Fish Oils (Sardine & Anchovy) Containing:	1000 mg	1
EPA (Eicosapentaenoic Acid)	300 mg	1
DHA (Docosahexaenoic Acid)	200 mg	1
Inositol	75 mg	1
PABA (p-Aminobenzoic Acid)	15 mg	1
L-Lysine (as Hydrochloride)	50 mg	1
Grape Seed Extract	75 mg	1
Green Tea Leaf Extract	75 mg	1
Pomegranate Extract	75 mg	1
Alpha Lipic Acid	75 mg	1
Cranberry Juice Extract	50 mg	1
Acai Berry Extract 4:1	50 mg	1
Lycopene	2.5 mg	1
Lutein	1.5 mg	1

*Percent of Daily Value based on a 2000 calorie diet

† Daily Value not established

Other Ingredients: Vegetable Capsules, Cellulose, Gelatin, Modified Cellulose, Glycerin, Brown Rice Flour, Croscarmellose Sodium, Lemon Oil, Ascorbyl Palmitate, Purified Water, Silicon Dioxide, Citrus Bioflavonoids, Stearic Acid, Magnesium Stearate, Fatty Acids, Monocrotonyl Cellulose, Gum Gum, Xanthan Gum, Organic Nut-Flow® Food Glaze, Vitamin D3 in Softener Oil, Micro Wax.

Suggested Use: To replenish essential nutrients, take with food, one packet in the morning (A.M.). Or use as directed by your healthcare professional.

Please Note: Vitamin K2 may counteract the effects of anticoagulation therapy, and therefore is not recommended for patients on blood-thinning medications. If you are currently being treated for kidney disease, please consult your healthcare professional before taking any magnesium supplement.

All values listed in elemental amounts. Ingredients for individual pills are indicated by color key, and can also be found online at www.jigsawhealth.com.

Keep out of reach of children. Store in a cool dry place.

TRACCS® is a registered trade name of Albion Laboratories Inc. and covered by U.S. Patent No. 7,783,842. Omegapentaenoic malate is supplied by Albion® and covered by U.S. Patent No. 6,706,606. MenaQ7™ is a registered trademark of Naturopharm AG, Germany and covered by U.S. Patent No. 8,728,103, 8,834,129 and Canada Patent No. 2,347,387. Quatrefolic® is a registered trade name of GlaxoSmithKline and covered by U.S. Patent No. 7,947,562.

Allergens: Contains fish. Manufactured in a facility that also handles products with other known allergens.



Jigsaw Complete

ESSENTIAL DAILY PACKETS

DIETARY SUPPLEMENT



AM



PM

PLEASE TEAR OFF HERE

60 SUPPLEMENT PACKETS



Jigsaw Complete
ESSENTIAL DAILY PACKETS



Distributed by:

Jigsaw Health, LLC • 9035 E Pima Center Pkwy #3-Scottsdale, AZ 85258
480-951-0840 • www.jigsawhealth.com



Jigsaw Complete P.M. Supplement Facts

Serving Size - 1 P.M. Packet (2 MagSRT™, 1 Omega-3 Fish Oil + Vitamin D3, 1 Pureway-C® + Lysine, 1 Essential Blend Antioxidant, 1 Essential Blend Multi-Mineral, 1 Vitamin K2 + E Complex)
Servings Per Container - 30

	Amount Per Serving	% Daily Value
Calories	12.63	1
Calories from Fat	9.99	1
Total Fat	1.11 g	1%
Saturated Fat	89 g	>1%
Trans Fat	0 g	1
Monounsaturated Fat	22 g	1
Polysaturated Fat	80 g	1
Vitamin A (as Retinyl Palmitate)	675 mcg	75%
Vitamin A (as Pureway-C®)	500 mg	500%
Vitamin C (as Ascorbyl Palmitate)	5 mg	8%
Vitamin D3 (as Cholecalciferol)	9 mcg	45%
Vitamin E (as Natural D-Alpha Tocopheryl and Tocopheryl Succinate)	164 mg	1003%
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	50 mcg	42%
Vitamin B12 (as MenaQ7®)	2.5 mg	125%
Folate (as Quatrefolic® 5-Methyl Tetrahydrofolic Acid Glucosamine Salt)	100 mcg	25%
Vitamin B12 (as Methylcobalamin)	3 mcg	50%
Iodine (as Potassium Iodine)	150 mcg	100%
Magnesium (as Magnesium Malate) Albion®	250 mg	60%
Zinc (as Zinc Bisglycinate Chelate) TRACCS®	15 mg	100%
Selenium (as L-Selenomethionine Pentapure™)	400 mcg	571%
Copper (as Copper Bisglycinate Chelate) TRACCS®	2 mg	100%
Manganese (as Manganese Bisglycinate Chelate) TRACCS®	2 mg	100%
Chromium (as Chromium Nicotinate Glycinate Chelate) TRACCS®	400 mcg	333%
Molybdenum (as Molybdenum Glycinate Chelate) TRACCS®	150 mcg	200%
Mixed Tocopherols	94 mg	1
D-Delta Tocopherol	900 mcg	1
D-Gamma Tocopherol	75 mg	1
D-Delta Tocopherol	18 mg	1
Tocotrienol Complex	90 mg	1
D-Alpha Tocopherol	5 mg	1
D-Delta Tocopherol	600 mcg	1
D-Gamma Tocopherol	9 mg	1
D-Delta Tocopherol	2.4 mg	1
Omega-3 Fish Oils (Sardine & Anchovy) Containing:	1000 mg	1
EPA (Eicosapentaenoic Acid)	300 mg	1
DHA (Docosahexaenoic Acid)	200 mg	1
L-Lysine (as Hydrochloride)	50 mg	1
Grape Seed Extract	75 mg	1
Green Tea Leaf Extract	75 mg	1
Pomegranate Extract	75 mg	1
Alpha Lipic Acid	75 mg	1
Cranberry Juice Extract	50 mg	1
Acai Berry Extract 4:1	50 mg	1
Lycopene	2.5 mg	1
Lutein	1.5 mg	1
Trace Mineral Blend *	5 mg	1

*Percent of Daily Value based on a 2000 calorie diet

† Daily Value not established

Other Ingredients: Vegetable Capsules, Gelatin, Cellulose, Glycerin, Modified Cellulose, Mixed Tocopherols, White Rice Flour, Brown Rice Flour, Palm Tocotrienol, Magnesium Stearate, Purified Water, Lemon Oil, Croscarmellose Sodium, Ascorbyl Palmitate, Citrus Bioflavonoids, Fatty Acids, Silicon Dioxide, Monocrotonyl Cellulose, Organic Nut-Flow®.

Suggested Use: To replenish essential nutrients, take with food, one packet in the evening (P.M.). Or use as directed by your healthcare professional.