

SUGGESTED USE: As a dietary supplement, take one (1) vegetable capsule, one to two times daily, as needed, preferably on an empty stomach, or as directed by your health care professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

Arazo L-Theanine is an all-natural antioxidant (found in green and black tea) that promotes an alert state of relaxation without drowsiness and restores a calm feeling that may help to improve sleep quality*. Our unique formulation includes Inositol, a member of the B Vitamin family that is essential for brain and nervous system health*.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE AT ROOM TEMPERATURE.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot # and expiration date printed on bottom of bottle.

ARAZO NUTRITION

L-THEANINE 250MG

WITH INOSITOL 100MG

CALM* • FOCUS* • RELAX*

**EXTRA STRENGTH
ALL-NATURAL ANTIOXIDANT**

**Non-GMO
GMP Certified
Made in USA**

120 CAPSULES | DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 1 Capsule
Servings Per Container: 120

	Amount Per Serving	% DV
L-Theanine	250mg	†
Inositol	100mg	†

† % Daily Value (DV) not established

Other Ingredients: Rice Flour, Vegetable Cellulose, Vegetable Magnesium Stearate, Silicon Dioxide.



MANUFACTURED FOR:
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