

**SUGGESTED USAGE:** Mix 1 scoop in 8-12 oz. of water or your favorite beverage before, during, and after your workout.

During exercise, the body loses water and minerals (electrolytes), and glycogen (carbohydrate) stores are depleted. In addition, muscle tissue is being temporarily stressed. Scientific studies have indicated that post-exercise nutrition can be critical for optimization of electrolyte replacement, muscle recovery, restoration of glycogen stores, and ultimately for maximizing performance and endurance.\* According to research, immediate replacement of minerals and carbohydrate, when combined with easily assimilated protein, enhances amino acid uptake into muscle cells, thereby helping to delay fatigue.\*

NOW® Sports Electro Endurance™ contains all of the elements necessary for post-exercise recovery.\* Electro Endurance™ combines a special mix of simple and complex carbohydrates, protein, and electrolytes to optimize recovery time.\*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

EUA # 3007664609  
Code 2052N V4



# ELECTRO ENDURANCE™ ENERGY MIX

● **ENDURANCE\* / RECOVERY\*** ●



**NATURAL ORANGE  
FLAVOR**



**NET WT. 2.2 LBS. (998 G)**  
A Dietary Supplement



## Supplement Facts

Serving Size 1 Scoop (approx. 45 g)  
Servings Per Container about 22

|  | Amount<br>Per Serving | % Daily<br>Value |
|--|-----------------------|------------------|
| Calories                                     | 150                   |                  |
| Total Fat                                    | < 0.5 g               | < 1%*            |
| Cholesterol                                  | 5 mg                  | 2%               |
| Total Carbohydrate                           | 30 g                  | 10%*             |
| Sugars                                       | 25 g                  | †                |
| Protein                                      | 6 g                   | 12%*             |
| Vitamin A (100% as Beta-Carotene)            | 1300 IU               | 26%              |
| Vitamin C (as Ascorbic Acid)                 | 250 mg                | 417%             |
| Vitamin E<br>(as d-alpha Tocopheryl Acetate) | 30 IU                 | 100%             |
| Calcium (from Calcium Citrate)               | 50 mg                 | 5%               |
| Magnesium (from Magnesium Citrate)           | 180 mg                | 45%              |
| Sodium                                       | 65 mg                 | 3%               |
| Potassium<br>(from Potassium Gluconate)      | 250 mg                | 7%               |
| Whey Protein Hydrolysate (Instantized)       | 4 g                   | †                |
| L-Glutamine (Free-Form)                      | 1 g                   | †                |

|                          |        |   |
|--------------------------|--------|---|
| L-Arginine (Free-Form)   | 500 mg | † |
| L-Valine (Free-Form)     | 500 mg | † |
| L-Isoleucine (Free-Form) | 250 mg | † |
| L-Leucine (Free-Form)    | 250 mg | † |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other ingredients: Organic Brown Rice Syrup Solids (complex carbohydrate), Dextrose, Fructose, Rice Maltodextrin, Natural Flavors, Citric Acid, Malic Acid, Orange Juice Powder and Annatto Extract.

Contains milk and soy.

Manufactured & Quality Tested by NOW FOODS  
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nowsportsproducts.com

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

**Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.**

Natural color variation may occur in this product.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.