

SUGGESTED USAGE: Mix 1 level scoop daily into 8 oz. of cold water, milk, or your favorite beverage. Stir or blend.

NOW® Sports Egg White Protein is an excellent natural source of high quality protein. Good quality proteins rate well on the PDCAAS (Protein Digestibility Corrected Amino Acid Score), the most accurate measurement of a protein's quality. NOW® Sports Egg White Protein rates as one of the highest quality proteins available when using the PDCAAS. A good mix of proteins from different sources provides the best results, and high quality NOW® Sports Egg White Protein is an excellent addition to any protein supplementation program.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction

Contains Xylitol, which is harmful to pets.

Natural color variation may occur in this product.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.

Code 2044N v5



EGG WHITE PROTEIN

PROTEIN POWDER



CREAMY CHOCOLATE



NET WT. 1.5 LBS. (680 G)



Nutrition Facts

About 23 servings per container
Serving size 1 level scoop (30g)

Amount per serving		
Calories		110
		% Daily Value*
Total Fat 0.5g		<1%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol <5mg		1%
Sodium 320mg		14%
Total Carbohydrate 4g		1%
Dietary Fiber <1g		2%
Total Sugars 0g		
Includes 0g Added Sugars		0%
Xylitol 1.5g		
Protein 20g		40%
Vit. D 0mcg	0%	Calcium 27mg 2%
Iron 1mg	6%	Potas. 331mg 8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: EGG WHITE POWDER (INSTANTIZED), COCOA, XYLITOL, NATURAL FLAVORS, ORGANIC STEVIA LEAF EXTRACT, SUNFLOWER LECITHIN (< 1%). CONTAINS EGG.

DISTRIBUTED & QUALITY TESTED BY:
NOW FOODS
395 S. GLEN ELLYN RD.
BLOOMINGDALE, IL
60108, USA
nowsportsproducts.com

Typical Amino Acid Profile (example) (per serving)**	
Essential Amino Acids	mg Per Serving
L-Histidine	477
L-Isoleucine***	1113
L-Leucine***	1749
L-Lysine	1313
L-Methionine	774
L-Phenylalanine	1213
L-Threonine	933
L-Tryptophan	338
L-Valine***	1431
Non-Essential Amino Acids	
L-Alanine	1272
L-Arginine	1192
L-Aspartic Acid	2108
L-Glutamic Acid	2702
Glycine	715
L-Proline	795
L-Serine	1410
L-Tyrosine	815

**subject to natural variability

***Branched-Chain Amino Acids
Not manufactured with wheat, gluten, soy, milk, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.
This egg white powder is pasteurized which inactivates the avidin glycoprotein. Therefore, biotin fortification is not necessary for this product.