Historical use of Maca root by humans goes back thousands of years to the Andean highlands, where ancient Incans thrived on its vitamins, minerals, amino acids and fiber. It grows at altitudes above 10,000 feet where little else survives.

Maca root has been used as a stress-fighting adaptogen to increase stamina, boost libido and combat fatique.† More recent scientific data suggest that "gelatinized" Maca may help to support healthy sexual activity and fertility for men.† Gelatinization is an extrusion process that removes starch from Maca thus concentrating the active ingredients. Most studies indicate a serving should provide a minimum of 3,000 – 3,500 mg to support Maca's benefits.† A teaspoon of Nature's Lab 100% pure gelatinized Maca provides 5,000 mg of Maca.

Easy to use: A versatile addition to many snacks and meals! Maca can be added to smoothies and juices as well as soups, energy bars, oatmeal, baked goods and even cereal!

Nature's Lab Maca Root Powder is gelatinized, certified organic, non-GMO, gluten-free and vegan-friendly. Try Maca today and experience the full benefits of this Peruvian wonder.

†These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item No. 11413



Manufactured for Nature's Lab 6980 W. Warm Springs Road Suite 100 Las Vegas, NV 89113 1-888-793-0351 NaturesLab.com Certified Organic by QAI



WILD ORGANIC PERUVIAN MACA ROOT POWDER

WILDCRAFTED RAW SUPERFOOD



Nutrition Facts

Serving Size: 1 Tsp (5g)

Servings Per Container: Approx. 90

	Amount Per Serving	% DV^
Calories	70	
Total Fat	0 g	0%
Cholesterol	0 mg	0%
Sodium	0 mg	0%
Total Carbohydrates	4 g	1%
Dietary Fiber	0 g	0%
Sugars	2 g	
Protein	1 g	2%
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		25%
*Percent Daily Values (%DV) are based on a 2,000 calorie diet.		

Amount Dor Conving

Ingredients: Organic Maca Root Powder (Lepidium mevenii).

Free of: Salt, Dairy, Eggs, Peanuts, Tree Nuts, Fish, Shellfish, Yeast, Wheat, Sov. Gluten, Titanium Dioxide, Artificial Colors and

Do not use if seal is broken. Keep out of reach of children. Store in a cool, dry place.

Manufactured in a facility that also processes soy, milk, fish and shellfish

NON GMO, GLUTEN FREE

Flavors

Rev. 002