



Liquid Iron

OPTIMIZE LEVELS

Iron 18 mg per serving

Gentle to Your System

High Bioavailability



Berry Flavored
Sugar Free



16 Fluid Ounces (480 mL) • Dietary Supplement

Supplement Facts

Serving Size 1 Tablespoon (Tbsp) (1/2 fl. oz/15 mL)
Servings Per Container 32

Amount Per Serving		% DV
Calories	10	
Total Carbohydrate	2 g	1%†
Total Sugars	0 g	**
Includes 0 g Added Sugars		
Sugar Alcohol	2 g	**
Iron (as iron glycinate chelate)	18 mg	100%

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: purified water, glycerin, sorbitol, erythritol, natural flavors, malic acid, xanthan gum, potassium benzoate (preservative to maintain freshness), stevia leaf extract, disodium EDTA

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Questions? 1-800-9NATURE / naturesway.com



RECOMMENDATION: SHAKE WELL.

Take 1 Tablespoon (1/2 fluid ounce)

daily either directly or mix into

water or juice. Do not exceed recommended daily serving. To optimize Iron absorption, take this product at least 2 hours before or after taking calcium or dairy products.

TAMPER EVIDENT: Safety sealed with outer shrink-sleeve over bottle cap and printed inner seal. Do not use if either seal is broken or missing.

Tightly secure child resistant cap after each use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

CAUTION: Iron supplements may interact with certain medications. If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Can be stored at room temperature or refrigerated.

➤ FAST ABSORBING LIQUID

helps you restore energy reserves and reduce signs of fatigue.*

➤ HIGHLY BIOAVAILABLE

with a glycinate chelate form of iron that is gentle to your system.*

➤ GREAT TASTING

liquid provides 100% of your daily value.

➤ EACH TABLESPOON

is easier than swallowing tablets.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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