

**Recommendation:** Children 2-3 years of age, chew 1 gummy daily. Children 4 years of age and older, chew 2 gummies daily. Instruct child to chew the gummies thoroughly before swallowing. Do not exceed the recommended daily dosage. If child is taking any medications, consult a healthcare professional before use. **Not for children under 2 years of age due to choking hazard.**

## Supplement Facts

Serving Size	1 Gummy		2 Gummies	
Servings per Container	60		30	
Amount per Serving	% DV Ages 2-3 Yrs		% DV Ages 4+ Yrs	
Calories	10		25	
Total Carbohydrate	3 g	2%††	6 g	2%†
Total Sugars	2 g	**	4 g	**
Includes Added Sugars	2 g	8%††	4 g	8%†
Vitamin A (as retinyl palmitate)	337 mcg	112%	675 mcg	75%
Vitamin C (ascorbic acid)	45 mg	300%	90 mg	100%
Vitamin D (as cholecalciferol)	10 mcg	67%	20 mcg	100%
Vitamin E (as dl-alpha tocopheryl acetate)	7.5 mg	125%	15 mg	100%
Thiamin (Vitamin B1)	150 mcg	30%	300 mcg	25%
Riboflavin (Vitamin B2)	162 mcg	32%	325 mcg	25%
Niacin (as niacinamide)	2 mg	33%	4 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	0.85 mg	170%	1.7 mg	100%
Folate	200 mcg DFE (120 mcg Folic Acid)	133%	400 mcg DFE (240 mcg Folic Acid)	100%
Vitamin B12 (as cyanocobalamin)	1.2 mcg	133%	2.4 mcg	100%
Biotin	15 mcg	188%	30 mcg	100%
Pantothenic Acid (as calcium d-pantothenate)	2.5 mg	125%	5 mg	100%

Amount per Serving	% DV Ages 2-3 Yrs		% DV Ages 4+ Yrs	
Choline (as choline bitartrate)	13.75 mg	7%	27.5 mg	5%
Iodine (as potassium iodide)	48.75 mcg	54%	97.5 mcg	65%
Zinc (as zinc citrate)	1.65 mg	55%	3.3 mg	30%
Sodium	**	**	5 mg	<1%
Alive!® Super Fruits Powder	75 mg	**	150 mg	**

Blend: Grape Extract, Carrot Extract, Orange Juice Concentrate, Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Açai, Asparagus, Broccoli, Brussels Sprout, Cranberry, Cucumber, Pea, Spinach

†Percent Daily Values (DV) are based on a 2,000 calorie diet.  
 ††Percent Daily Values are based on a 1,000 calorie diet.  
 \*\*Daily Value not established.

Other ingredients: organic tapioca syrup, organic cane sugar, pectin, fruit and vegetable juice color, natural flavors, citric acid, sodium citrate, vegetable oil (palm and coconut), carnauba wax

**GLUTEN FREE.** No gelatin, dairy, yeast, wheat, peanuts, eggs, or artificial flavors.

**Keep out of reach of children.** Safety sealed for your protection. Do not use if safety seal under child resistant bottle cap is broken or missing. Store at room temperature. Keep bottle tightly closed. Avoid excessive heat and direct sunlight.

COMPLETE  
MULTI-VITAMIN WITH

**NATURAL  
ANTIOXIDANTS<sup>‡</sup>**  
FROM 1 TOTAL SERVING<sup>‡‡</sup> OF  
Fruits & Vegetables

- Formulated for Kids
- 15 vitamins/minerals
- Full B-vitamin complex
- Made with pectin, no gelatin
- Pomegranate cherry flavor

‡Plant-Based Polyphenols (Antioxidants)

‡‡Based on ChooseMyPlate.gov serving sizes.

©2019 Distributed by Nature's Way Brands, LLC  
Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / feelalive.com

LN12510.01 BLK9167



SINCE **Nature's Way** 1969

**Alive!**

**SUPER  
FRUITS**  
COMPLETE MULTI

**Kids**

**Super Fruits Powder Blend**  
(150 mg per 2 gummy serving)

**60 GUMMIES**

Complete Multi-Vitamin Supplement