

## DAILY ACTIVITY SUPPORT\*

Nature's Way® Recover Powder is an adaptogenic, herbal-based blend, that offers daily activity support by reducing occasional pain<sup>††</sup> with Theracurmin®, a bioavailable, patented, turmeric extract.\* In addition, it reduces muscle soreness after intense

◆ LG12697.01 RM22.9135



exercise with the power of tart cherries.\* This unique formula also includes Pea Protein Powder and adaptogenic Ashwagandha for good health.\*  
††Relieves occasional pain due to overexertion.

**GLUTEN FREE.** No yeast, wheat, soy, dairy products, or artificial colors, or flavors.  
Packaged by weight, not volume. Settling of contents may occur.

Theracurmin® is a registered trademark of Theravalues Corporation, used under license by Schwabe North America, Inc.

**MIX WITH YOUR FAVORITE BEVERAGE.**

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naturesway.com



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



❄️ PREMIUM HERBAL BLEND ❄️

# RECOVER POWDER

DAILY ACTIVITY SUPPORT\*

†Ashwagandha is traditionally used as an adaptogen\*

DIETARY SUPPLEMENT NET WT 4.2 OZ (120 G)



**Recommendation:** Adults: Take ½ Tablespoon (Tbsp.) (4 g) once daily, or as recommended by a healthcare professional.

**Warning:** Do not use if pregnant. If nursing, diabetic, or taking any medications, consult a healthcare professional before use.

**Supplement Facts** Serving Size ½ Tablespoon (Tbsp.) (4 g), Servings per Container 30, Amount per Serving: Calories 15; Total Carbohydrate 1 g (1% DV); Protein 2 g (3% DV); Magnesium (as Magnesium Citrate) 84 mg (20% DV); Sodium 30 mg (1% DV); Pea Protein 1.97 g\*\*; Theracurmin® (Enhanced Bioavailability Turmeric Rhizome Complex) providing 30% Curcumin (180 mg) 600 mg\*\*; Sour Cherry Fruit Concentrate (Montmorency Tart Cherry Variety) 480 mg\*\*; Ashwagandha Root Extract standardized to 4% Withanolides (12 mg) 300 mg\*\*. †Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: maltose, gum ghatti, dextrin, silica, citric acid

**Keep out of reach of children.** Safety sealed with printed inner seal. Do not use if seal is broken or missing.

**Notice:** Use this product as a food supplement only. Do not use for weight reduction.