



DIRECTIONS: As a dietary supplement, add one scoop (10 g) to 8 fl oz of water, juice or sports drink and mix or shake until smooth. For best results, liquid should be very cold. Mixes instantly without the use of a blender. For EXTREME results, take on an empty stomach about 15 to 30 minutes prior to workout.

KEY FEATURES

- ✓ Provides three unique ingredient stacks for explosive energy
- ✓ Free of artificially-derived colors, flavors and sweeteners
- ✓ Natural sources of caffeine (e.g., green tea and cocoa extracts)

EXTREME EDGE® PRE WORKOUT

is designed to be one of the most comprehensive, muscle recharging formulas ever created. This triple-turbo, super-charged formula generates high energy, sharpens mental concentration, and increases nitric oxide (NO) levels for greater blood flow and intense muscle pumps. Use it once, and you will never train without it again! ♦

OTHER PRODUCTS FROM EXTREME EDGE:



CARBO LOAD
MUSCLE REPLENISHING & REFUELING STACK ♦



POST WORKOUT
MUSCLE REBUILDING & RECOVERY STACK ♦



100% PURE WHEY PROTEIN ISOLATE
RAPID MUSCLE REBUILDER & AMINO ACID REPLENISHER ♦

PROFESSIONAL STRENGTH FOR SERIOUS ATHLETES

NO BANNED
SUBSTANCES
DETECTED



Certified for Sport™

**LEMON
FLAVOR**

EXTREME EDGE PRE WORKOUT



MUSCLE RECHARGING STACK ♦
NITRIC OXIDE BOOSTER & CAFFEINE

- Ignites Explosive Energy ♦
- Intensifies Muscle Pump & Blood Flow ♦
- Amplifies Mental Focus ♦



Supplement Facts

Serving Size 1 Scoop (10 g) Servings Per Container 30

Amount Per Serving		%DV*
Calories	15	
Total Carbohydrate	4 g	1%
Sugars	2 g	
Vitamin C (as L-Ascorbic Acid)	30 mg	50%
Potassium (as Potassium Citrate)	75 mg	2%
Explosive Energy & Mental Focus AMP Stack ♦	1,325 mg	**
(As CarnoSyn® Beta-Alanine, Caffeine – 125 mg [as Caffeine, Green Tea Leaf Extract and Cocoa Bean Extract], L-Taurine, and L-Tyrosine)		
Extreme Muscle Pump Stack ♦	2,000 mg	**
(As Creatine [as Monohydrate, Phosphate Matrix and Malate], and BCAAs [as 4:1:1 ratio, L-Leucine, L-Isoleucine, and L-Valine])		
Nitric Oxide Super (NOS) Charger Stack ♦	1,120 mg	**
(As Arginine [as L-Arginine, L-Arginine Alpha Ketoglutarate], L-Citrulline Malate, and L-Lysine HCl)		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Percent Daily Values (DV) not established.

Other Ingredients: Sucrose, Citric Acid, Natural Lemon Flavor, Erythritol, Maltodextrin, Stevia Extract (Reb A), Silica, Calcium Citrate, Sodium Citrate, Magnesium Citrate.

Free of Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat and Soybeans.

Also Free of Yeast, Barley and Rice.

Allergen Warning: Manufactured in a facility that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flavor.

WARNING: Strictly designed for use by healthy adults – 18 years of age or older. This product contains 125 mg of caffeine per serving (equivalent to 1 ¼ cups of coffee), which in excess, may cause nervousness, irritability, sleeplessness and occasionally, a rapid heartbeat. Discontinue use and consult a healthcare practitioner if you experience any unusual symptoms. Do not use this product if you have any medical conditions or are taking any prescription medications.

KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE.

KEEP OUT OF THE REACH OF CHILDREN.

SERVINGS PER CONTAINER ARE AN APPROXIMATE.

NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SETTling OF CONTENTS MAY OCCUR DURING SHIPPING.



Ajinomoto is a registered trademark of Ajinomoto AminoScience LLC. Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

Manufactured for:
Bluebonnet Nutrition Corp.
12915 Dairy Ashford,
Sugar Land, Texas 77478 USA
www.ExtremeEdgeSports.com

