

DRAMATIC RESULTS FAST • FULL MONTH SUPPLY

**There is ZERO Doubt
SizeOn™ Pre-Contest Will:**

- ① Accelerate Protein Synthesis & Muscle Force Recovery
- ② Increase Muscle Volume, Muscle Fiber Size, Cell Volume & Plasma Amino Acid Levels
- ③ Amplify S6K1 and 4E-BP1 Signaling and Hypertrophic mTOR Pathway Conduction
- ④ Initiate & Sustain Myogenesis and Muscle Recovery While You Are Still Training
- ⑤ Deliver Vital Nutrients, Essential Minerals, and Growth Cofactors To Skeletal Muscle Tissue
- ⑥ Includes 12 Grams of Growth Potentiating Whey Hydrolysate and 5 Grams of Leucine Per Serving

Gaspari Nutrition took Sports Nutrition to the highest level with the original SizeOn™, the original intra-workout creatine drink. There wasn't any doubt it represented a serious innovative leap forward in the creatine category. SizeOn clearly demonstrated in a clinical setting that it destroyed its competition and quickly became known as the *King of Creatines*. As clinical research advances, so does Gaspari Nutrition which is why SizeOn has now evolved into the *Ultimate Hybrid Intra-Workout Whey Hydrolysate Creatine Formula*. Once again Gaspari Nutrition raises the bar even higher in the sports nutrition industry and has offered you a low carb version (only 2g per serving!) of its original masterpiece!

Your body requires that proteins from whole food, whey isolate, casein, etc., be broken down in a process called "hydrolyzation." This is an integral process which allows di and tripeptides to be absorbed and utilized for numerous processes including muscle building and repair. The problem is that while your muscles are starving for these nutrients (i.e., during exercise) your body must digest them into smaller peptides. Research has shown that these are absorbed even faster than free form amino acids. For this reason Gaspari Nutrition uses 12 grams of a high quality whey hydrolysate that contains over 50% di and tripeptides as well as a large array of anabolic promoting ingredients such as a high dose of L-LEUCINE (5 grams) to allow for unparalleled increases in athletic performance, skeletal muscle recovery, explosiveness and most notably, immediate increases in muscle size *WHILE YOU ARE STILL TRAINING*. To top it off, we also included LOLA™, our cutting-edge, ammonia scavenging amino acid salt of L-Ornithine and L-Aspartate to help battle fatigue. The bottom line is that Gaspari Nutrition has once again outdone itself and yet again redefined the very category it created.

Every single ingredient in SizeOn was selected specifically and solely for the scientific evidence to support efficacy and safety. You can be assured this product is based on VALID scientific research and not overhyped nonsense which doesn't deliver the results you demand and pay for.

DIRECTIONS: SizeOn is meant to be taken on training days WHILE you train. Mix one scoop in 20-30 ounces cold water and sip throughout your workout. Should the need arise, add more water as necessary throughout your workout for proper hydration.

WARNING: Seek the advice of a health care practitioner before use. Not suggested for use in children under the age of 18 or in people who have been diagnosed with hypertension, kidney disease, liver disease, metabolic syndrome, diabetes, neoplastic condition such as cancer or thalassemia. Do not use if pregnant or nursing. **KEEP OUT OF REACH OF CHILDREN.**

ALLERGEN WARNING: Contains ingredients from milk.
Note: Do not store in direct sunlight, store in a cool dry place.

Creapure®

Creapure is a registered trademark of AlzChem Trostberg GmbH, covered by US patent 5,719,319.
Creatine MagnaPower is a registered trademark of Albion Laboratories, Inc., covered by U.S. Patent 6,114,379 and patents pending.

SUSTAMINE™

Sustamine™ is a registered trademark of KYOWA HAKKO BIO Co., Ltd.

**BASED ON VALID
CLINICAL RESEARCH**



**FULL
MONTH
SUPPLY**

NEW

AMINO ACID POWERHOUSE



**ONLY 2 GRAMS OF CARBOHYDRATES
HYBRID INTRA-WORKOUT
WHEY HYDROLYSATE CREATINE FORMULA
PROMOTES MAXIMAL MUSCLE VOLUME
AND ACCELERATES PROTEIN SYNTHESIS**

Supplement Facts

Serving Size 1 Scoop (31.1g)
Servings Per Container 24

Amount Per Serving		% Daily Value†
Calories	50	
Calories from fat	5	
Total Fat	1 g	1%
Saturated Fat	0 g	0%
Trans Fat	0 g	*
Cholesterol	23 mg	8%
Total Carbohydrate	2 g	1%
Dietary Fiber	0 g	0%
Sugars	0 g	*
Protein	10 g	19%
Vitamin C (as ascorbic acid)	60 mg	101%
Thiamin (as thiamin hydrochloride)	10 mg	667%
Riboflavin (as riboflavin-5-phosphate)	7.6 mg	447%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine-5-phosphate)	16.8 mg	838%
Folate (as folic acid)	200 mcg	50%
Vitamin B12 (as methylcobalamin)	75 mcg	1250%
Pantothenic Acid (as d-calcium pantothenate)	9 mg	92%
Calcium	118 mg	12%
Phosphorus	214 mg	21%
Magnesium	46 mg	12%
Sodium	130 mg	5%
Potassium	210 mg	6%
SizeOn Blend	27.3 g	

Protein Synthesis Acceleration Matrix
Whey Protein Hydrolysate, L-Leucine (5 g), L-Isoleucine, L-Valine, L-Ornithine L-Aspartate

OsmoDrive Advanced Hydration Complex
L-Taurine, Sodium Glycero-phosphate, Calcium Glycero-phosphate, Potassium Glycero-phosphate, Sustamine™ (L-Alanyl-L-Glutamine)

PhosphoDrive Endurance Complex
Creapure® (Creatine Monohydrate), Creatine MagnaPower® (Magnesium Creatine Chelate), Disodium Creatine Phosphate

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Malic acid, citric acid, lecithin, silica, sucralose, acesulfame potassium, natural and artificial flavors, red #40, blue #1, blue #2

CONTAINS: Milk, soy

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TRAIN HARDER, FASTER & LONGER WITH SIZEON!

CONCORD GRAPE • DIETARY SUPPLEMENT • Net Wt. 1.65lbs. (746.9g)

INFO gasparinutrition.com • **EXPERIENCES** gaspariforum.com