Culturelle® Digestive Health

It is Important to Take Charge of your Digestive Health Every Day! Only Culturelle® Digestive Health contains 10 billion live active cultures of *Lactobacillus rhamnosus* GG (LGG®) and the prebiotic Inulin. The LGG® probiotic works naturally with your body to help:

- Keep your digestive system in balance*
- Reduce the likelihood of occasional diarrhea, gas and bloating*
- Minimize travel-associated stomach and digestive issues*

Balances Digestive System*

Exclusively Powered by the LGG® Probiotic. The Single-Strain Super Probiotic.

Lactobacillus rhamnosus GG (LGG®) is the clinically proven effective strain in Culturelle.®†† It's the only one you need to help support good digestion and immune health.* **You can trust Culturelle,® the expert in probiotics, because it is the only leading brand with 100% pure LGG.®**

Only Culturelle® Combines:

- LGG® — 100% of the proven effective probiotic.††
- PURITY Guaranteed POTENCY — Guaranteed potency through the expiration date vs. just the time of manufacture.***
- #1 Pharmacist Recommended Probiotic Brand.†††
- Dairy-free.^ Gluten-free.‡ Non-GMO.

†† Based on the studies of *Lactobacillus rhamnosus* GG for a range of benefits throughout the lifespan.
*** Guaranteed potency through date on box when stored as directed.
††† Based on the 2018 Pharmacy Times OTC Survey.

^ While there are no dairy-derived ingredients in the product, it is produced in a facility that also handles dairy ingredients.
▲ Meets the FDA's guidelines for gluten-free.
‡ Contains sucrose which adds a dietarily insignificant amount of sugar. Not a reduced calorie food.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Culturelle® PROBIOTICS Digestive Health

DAILY PROBIOTIC

Contains none of the following: artificial dyes, preservatives, dairy,^ lactose, milk, yeast, wheat, sugar,‡ gluten▲ or soy.

Storage Instructions: Store Culturelle® in a cool, dry place away from direct sunlight.

Tamper Evident: Product is sealed within blisters. Do not use if any part of the blister is torn, open or damaged.

When first taking Culturelle® you may experience minor bloating, gas or intestinal gurgling which should subside with continued use. Consult your healthcare professional if symptoms persist after two weeks.

For questions, concerns or to report an adverse event, please call (800) 722-3476.
www.Culturelle.com

PURITY Guaranteed POTENCY

We certify that our products meet the highest standards of purity and potency.***

EXCLUSIVELY WITH THE **PROVEN EFFECTIVE** PROBIOTIC††

Starter Pack

LGG®

Culturelle® PROBIOTICS Digestive Health

DAILY PROBIOTIC

Works naturally with your body to keep your digestive system in balance*

Helps with occasional digestive upset, including diarrhea, gas and bloating*

Helps your digestive system work better*

10 Once Daily Vegetarian Capsules
DIETARY SUPPLEMENT

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Directions for 12 years of age and older: For daily use, take one (1) capsule per day. For optimal results, continued daily use is suggested. If experiencing occasional digestive upset, take two (2) capsules daily [one (1) in the morning and one (1) at night] until discomfort subsides. When traveling, take two (2) capsules daily [one (1) in the morning and one (1) at night] throughout the trip. For best results start two to three days prior to travel.

KEEP OUT OF REACH OF CHILDREN. Inform a healthcare professional before starting any dietary supplement, particularly if there is a known immune-compromised condition.

Other Ingredients: hydroxypropyl methylcellulose, sucrose, maltodextrin, sodium ascorbate, vegetable magnesium stearate, silicon dioxide, and titanium dioxide (color).

Distributed by: i-Health, Inc. 55 Sebethe Drive, Cromwell, CT 06416

Supplement Facts

Serving Size: One (1) Capsule

	Amount Per Serving	% Daily Value
Calories	0	
Total Carbohydrate	0 g	0%**
Total Sugars	0 g	†
Incl. 0g Added Sugars	0%	†
Lactobacillus rhamnosus GG	10 billion CFUs	†
Inulin (Chicory Root Extract)	200 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

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