Suggested Usage: Take 1 softgel daily with a meal.

NOW® Evening Primrose Oil has naturally occurring gamma-linolenic acid (GLA), an omega-6 fatty acid also found in borage and black currant seed oils. Although the body can synthesize GLA from other dietary fats, it can be more efficiently utilized for bodily functions when consumed in its preformed state.\* By supporting the body's healthy immune system responses, GLA may help to maintain normal skin barrier function, as well as a healthy vascular system.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.



**Evening Primrose Oil** 1000 mg - Vegan Formula

Women's Health\*

•90 mg GLA per Softgel

Non-

•Cold Pressed, Hexane Free

90 Veggie Softgels

A Dietary Supplement Vegetarian/Vegan

**Nutritional Oils** 

Family owned since 1968.

## **Supplement Facts**

Serving Size 1 Veggie Softgel

	Amount Per Serving	% Dally Value
Calories	10	
Total Fat	1 g	1%*
Organic Evening Primrose Oil ( <i>Oenothera biennis</i> ) (Seed) (Cold Pressed, Hexane Free)	1 g (1,000 mg)	†
Gamma-Linolenic Acid (GLA)	90 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Vegetarian Softgel Capsule (glycerin, modified starch, carrageenan, water).

Distributed & Quality Tested by NOW FOODS 395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

