

Suggested Use: As a dietary supplement, take two (2) capsules daily.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

Arazo 5-HTP has the optimum purity and dosage to promote a sense of wellbeing, which helps with mood enhancement and stress reduction*. 5-HTP also has other positive benefits such as supporting natural sleep and aiding in controlling your appetite.*

KEEP OUT THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot # and expiration date printed on bottom of bottle.

ARAZO NUTRITION

5-HTP

EXTRA STRENGTH

BRAIN* • MOOD* • SLEEP*

**MAXIMUM POTENCY
HIGH PURITY**

**Non-GMO
Lactose Free
Gluten Free**

120 CAPSULES | DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 2 Capsules Servings Per Container: 60

	Amount Per Serving	% DV
5-Hydroxytryptophan (from Griffonia Simplicifolia)(Seed)	200mg	†
Calcium (as Calcium Carbonate)	328mg	33%

† % Daily Value (DV) not established.

Other Ingredients: Gelatin, Magnesium Stearate.



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