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J.

## **Supplement Facts**

Serving Size 3 Tablets, Servings Per Container 30

Amount Per Serving	%E
Calories	20
Total Carbohydrate	3 g 1%*
Dietary Fiber	1 g 6%*
Protein	1 g 2%*
Jitamin A (as beta carotene)	10.000 IŬ 200%
Vitamin C (as ascorbic acid)	1000 mg 1667%
Vitamin D3 (as cholecalciferol from lichen)	1000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU 667%
Vitamin K2 (as menaquinone-4, menaquinone-7)	80 mcg 100%
Thiamin (vitamin B1) (as thiamine HCI)	25 mg 1667%
Riboflavin (vitamin B2)	25 mg 14719
Niacin (as niacinamide)	40 mg 200%
Vitamin B6 (as pyridoxine HCI)	25 mg 1250%
Folate (as calcium-L-5-methyltetrahydrofolate)	400 mcg 100%
Vitamin B12 (as methylcobalamin)	1000 mcg 16,667%
Biotin	100 mcg 33%
Pantothenic Acid (as calcium pantothenate)	
Calcium (as aminoate complex)	9
Iron (as aminoate complex, ascorbate)	18 mg 100%
lodine (from kelp)	150 mcg 100%
Magnesium (as aminoate complex)	100 mg 25%
Zinc (as aminoate complex, picolinate)	15 mg 100%
Selenium (as aminoate complex)	25 mcg 36%
Copper (as aminoate complex) '	0.5 mg 25%
Manganese (as aminoate complex)	4 mg 200%
Chromium (as aminoate complex)	20 mcg 17
Molybdenum (as aminoate complex)	37.5 mcg 50%
Potassium (as aminoate complex)	50 mg 19
otassiam (as ammoate complex)	
	50 mg 1%
Spirulina	1000 mg
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Spirulina Essential Fatty Acid–Rich Whole Food Energy and Prebiotic Fiber Blend: Black Currant,	1000 mg
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Essential Fatty Acid–Rich Whole Food Energy and Prebiotic Fiber Blend: Black Currant, Sunflower Seed, Octadecanoic Acid	1000 mg
Essential Fatty Acid—Rich Whole Food Energy and Prebiotic Fiber Blend: Black Currant, Sunflower Seed, Octadecanoic Acid Bioflavonoid Complex (from <i>Citrus limon/sinensis</i> )	1000 mg
Essential Fatty Acid—Rich Whole Food	1000 mg
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\*\*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, di-calcium phosphate, stearic acid, magnesium oxide, vegetable cellulose, ferrous fumarate, zinc sulfate, magnesium stearate, potassium chloride, manganese sulfate, potassium iodide, silica, astragalus root, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, rice bran and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates.

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## Nutritional Support for Natural Energy Production and Overall Well-Being.\*

Free from artificial colors, preservatives, yeast, wheat, soy and milk. **DIRECTIONS:** As a dietary supplement, three tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



TAKE ALL THREE
SOURCE OF LIFE
TABLETS IN THE ENCLOSED
PACKET. RECEIVE A BURST OF
ENERGY WITHIN TWO HOURS OR
RETURN THE UNOPENED BOTTLE
FOR A FULL REFUND.

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Made with Vitashine™

**PRODUCT NO. 3057** 



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