

WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

↘ SUPERSTAR INGREDIENTS ↙

LUTEIN

ZEAXANTHIN

BIOTIN

VITAMIN K AS K2 (MK7)

VITAMIN D AS D3

OMEGA 3 FISH OIL
FROM SMALL FISH

B12 AS METHYLCOBALAMIN

FOLATE AS METHYLFOLATE

3 DELICIOUS FLAVORS
LEMON LIME, MIXED BERRY,
and SOUR APPLE

SMARTY PANTS®

NON
GMO

TEEN ^{Girl} COMPLETE



MULTIFUNCTION

120 GUMMIES

MULTI and OMEGA 3s
lutein/zeaxanthin for EYE HEALTH*
vitamin D3 for IMMUNITY*
vitamin K2 for BONES*
vitamin B12 for ENERGY*

DIETARY
SUPPLEMENT

Directions: For teenage girls, take four (4) gummies daily. May be taken with or without food.

Supplement Facts

Serving Size 4 Gummies
Servings Per Container 30

Amount Per 4 Gummy Serving		% Daily Value
Calories	35	
Total Carbohydrate	8 g	3%†
Sugars	5 g	**
Includes 5 g Added Sugars		
		11%†
Vitamin A (as 50% beta-carotene, 50% retinyl palmitate USP)	450 mcg	50%
Vitamin C (as ascorbic acid USP)	90 mg	100%
Vitamin D (as cholecalciferol USP)	20 mcg (800 IU)	100%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	15 mg	100%
Vitamin K (Vitamin K-2 as menaquinone-7)	24 mcg	20%
Thiamin (as thiamine mononitrate USP)	0.12 mg	10%
Riboflavin USP	0.13 mg	10%
Niacin (Vitamin B-3 as inositol niacin)	16 mg	100%
Vitamin B-6 (as pyridoxine hydrochloride USP)	3.4 mg	200%
Folate (as L-methylfolate, calcium salt)	300 mcg DFE	75%
	180 mcg L-methylfolate	
Vitamin B-12 (as methylcobalamin)	4.8 mcg	200%
Biotin USP	60 mcg	200%
Pantothenic acid (as calcium D-pantothenate USP)	3.5 mg	70%
Choline (as choline bitartrate)	22 mg	4%
Iodine (as potassium iodide USP)	150 mcg	100%
Zinc (as zinc citrate USP)	7.3 mg	67%
Selenium (as sodium selenite)	27.5 mcg	50%
Manganese (as manganese amino acid chelate)	1.15 mg	50%
Chromium (as chromium picolinate)	17.5 mcg	50%
Molybdenum (as molybdenum amino acid complex)	22.5 mcg	50%
Sodium	15 mg	< 1%
Fish Oil	300 mg	**
Total Omega-3 Fatty Acids	111 mg	**
EPA (Eicosapentaenoic Acid)	33 mg	**
DHA (Docosahexaenoic Acid)	22 mg	**
Lutein (from marigold)	6 mg	**
Zeaxanthin (from marigold)	1 mg	**
Inositol (as inositol niacin)	4 mg	**

† Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Pectin, Citric Acid, Gelatin, Natural Flavors, Colored with Organic Black Carrot Juice Concentrate.

Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only

FREE OF

GMOs, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, soy, gluten, peanuts, tree nut allergens, fish allergens, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED

WARNING Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

For Customer Support: 1-888-751-2291 Hoot@SmartyPantsCorp.com

@SmartyPants www.SmartYPantsVitamins.com



*FloraGLO is a registered trademark of Kemira Industries, Inc.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany



MEG-3™ is a trademark of DSM



www.igenprogram.com



www.ifosprogram.com



17053 02065 3